2nd ANNUAL ABCD Conference
(Autism, Behavior, and Complex Medical Needs - Downstate)

A TRAUMA-INFORMED, INTERPROFESSIONAL APPROACH TO CARING FOR CHILDREN AND ADOLESCENTS WITH SPECIAL NEEDS

Friday, May 20, 2016
Formal Program from 8:00 am—4:00 pm
Sign-in/registration and breakfast begins at 7:15 am

REGENCY CONFERENCE CENTER
400 Regency Park Drive
O'Fallon, IL 62269

KEYNOTE PRESENTATIONS BY:

Mary Dobbins, MD, FAAP
Southern Illinois University School of Medicine

Bradley C. Stolbach, PhD
University of Chicago Pritzker School of Medicine
ABOUT THE ABC CONFERENCES

The first ABC Conference in 2010 was organized by The University of Chicago, Illinois Chapter of the American Academy of Pediatrics, Almost Home Kids and the Illinois LEND (Leadership, Education in Neurodevelopmental Disabilities) program at the University of Illinois at Chicago. The first ABC Conferences focused on evidence-based and concrete strategies to address the struggles primary care providers and other health care providers encounter related to Autism, Behavioral Challenges and Complex Medical Needs (ABC). For the first time in 2014, the conference focus was expanded to bring together additional providers from primary care, specialty care, nursing, allied health fields, home visiting, child care and early education, Early Intervention, special education, and other fields.

ABC Conference participants can expect to learn about the broad landscape of services and programs that are available to support children with special needs from birth through childhood, and develop skills to make effective referrals and partner with other agencies and systems. Each track (A, B, and C) features sessions that converge with different systems, developmental services, medical interventions, and innovative partnerships that benefit children served across interprofessional groups. The keynote sessions address the overall theme of the conference. Since 2013, the ABC Conferences have offered ample exhibit opportunity for non-profit and for-profit organizations to share resources and information about their services.

2015 marked the first year that an ABCD (ABC-Downstate) Conference was held to serve the professional development, networking, and support needs of child-serving professionals in the Southern and Central Illinois regions.

ABOUT THE 2nd ANNUAL ABCD CONFERENCE

A TRAUMA-INFORMED, INTERPROFESSIONAL APPROACH TO CARING FOR CHILDREN AND ADOLESCENTS WITH SPECIAL NEEDS

Trauma is a widespread, harmful, and costly public health problem. It occurs as a result of a wide range of emotionally harmful experiences. The need to address trauma is increasingly viewed as an important component of effective behavioral health service delivery, especially for children and adolescents with special needs. Not only are children and adolescents with developmental disabilities more likely to be exposed to trauma, but exposure to trauma makes developmental delays more likely. With appropriate support, intervention, and resilience-building, people, both individually and also within the context of family and community, can surmount trauma and develop the skills to integrate the experiences such that they can move forward in life.

It is evident that addressing trauma requires a multi-pronged, multi-agency, interprofessional, public health approach inclusive of public education and awareness, prevention and early identification, and needs to incorporate effective trauma-specific assessment and wide ranging treatment resources. The 2nd Annual ABCD Conference will deliver valuable information on trauma, toxic stress, and resiliency-building in order to help providers from across many disciplines recognize and address trauma when caring for children and adolescents with special healthcare needs.

LEARNING OBJECTIVES

At the conclusion of the conference, participants will be better able to:

1. Identify the impact of trauma and toxic stress on children and adolescents with special health care needs within the context of working with a wide array of providers.
2. Apply a trauma-informed and interprofessional approach when serving children and adolescents with special health care needs.
3. Integrate trauma-informed care coordination protocols when serving children and adolescents with special health care needs.

TARGET AUDIENCE

The target audience is comprised of both primary care providers and their teams, including pediatricians, family physicians, nurse practitioners, physician assistants, residents, fellows, medical students, and allied health care professionals, as well as professionals from other settings including child care, early education, home visiting, and more. The conference seeks to enable providers to network across professional silos with those from other child-serving systems that also have a stake in the lives of children with autism, behavioral challenges, and complex medical needs, including those exposed to trauma.
ACCREDITATION AND CREDIT DESIGNATION STATEMENTS

CONTINUING MEDICAL EDUCATION
The Illinois Chapter, American Academy of Pediatrics is accredited by the Illinois State Medical Society (ISMS) to provide continuing education for physicians.

The Illinois Chapter, American Academy of Pediatrics designates this live activity for a maximum of 6 AMA PRA Category 1 Credits(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ILLINOIS EARLY INTERVENTION CREDITS
The following sessions only have been awarded IL EI credit:

MORNING KEYNOTE ADDRESS
When Their Stress Becomes Yours: The Price We Pay for Caring-1 WWF

AFTERNOON KEYNOTE ADDRESS
Applying Lessons from Healing Hurt People for All At-Risk Children-1 WWF

BREAKOUT SESSIONS
A1: Brain Mapping and Connectivity Guided Neurofeedback for Autism-1 ATY
A2: Advances in Genetics and Autism Spectrum Disorders-1 ATY
C2: Mission Transition: Bridging Complex Care from Hospital to Home-1 WWF
C3: The Pediatric Frequent Flyer: Planning for the Worst and Not Just Hoping for the Best-0.5 ATY, 0.5 WWF

ILLINOIS EDUCATION ASSOCIATION
The Illinois Education Association is an Illinois Professional Development Approved Provider and will offer 6 CPDU/PD clock Hours to educators who attend the full-day conference.

GATEWAYS TO OPPORTUNITY REGISTRY VERIFICATION
This conference is Registry-verified by the Illinois Network of Child Care Resource and Referral Agencies (INCCRRA) Gateways to Opportunity Illinois Professional Development System. If you are an Illinois Registry member, please be sure to bring your Registry Member ID# to include on the session information form provided at the conference.

MEDICAL ASSISTANT CONTINUING EDUCATION UNITS
This program is eligible for 6 hours of continuing education credit/ (CCP points) by American Medical Technologists (AMT). Granting of credit in no way constitutes endorsement by AMT of the program content or the program's sponsor. Please note: the following sessions are NOT eligible for MA credit: A3, B2, B3, C1.

REGISTERED NURSE CONTINUING EDUCATION PRE-APPROVED SPONSOR INFORMATION
Any conference that provides approved Continuing Medical Education (CME) as authorized by the Illinois Medical Practice Act is considered a 'pre-approved' RN CE sponsor. For more information: 1.usa.gov/1SembQq

For information on applicability and acceptance with regard to licensing requirements for accreditation not explicitly listed above, please consult your own department of professional regulations.

All conference attendees will receive an emailed certificate of participation within 6 weeks following the conference.
ACKNOWLEDGEMENTS

FINANCIAL SUPPORT
PROTECT: Promoting Resiliency of Trauma-Exposed Communities Together
This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant HRSA-13-177 “Early Childhood Comprehensive Systems: Building Health Through Integration.” This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

SPONSORSHIP
Illinois Chapter, American Academy of Pediatrics

ABC CONFERENCE FACULTY PLANNING COMMITTEE
CO-CHAIRS
Kay Saving, MD, FAAP, Children’s Hospital of Illinois
Kathy Swafford, MD, FAAP, Swafford Pediatrics, Children’s Medical Resource Network

COMMITTEE MEMBERS
Russell Bonanno, MEd, Targeting Autism Project, Illinois State Library
Debi Jo Klausing, Early Childhood Special Ed and PreK Teacher, Illinois Education Association Board of Directors

CONFERENCE LOCATION
Regency Conference Center
400 Regency Park Drive
O’Fallon, IL 62269

REGISTRATION FEES
$175 – Member Physician (ICAAP/IAFP member and MCO Physicians)
$250 – Non-member Physician
$75 – Allied Health Provider (including all EI providers, LCSW, NP, RN, MA, Special Ed)
$50 – Community Service Provider (Including home visitors, child care, family case management, educators, other community members as well as parents)
$50 – Residents and Students

REGISTER FOR THE CONFERENCE ONLINE AT http://icaap.memberlodge.org/event-2154069
OR COMPLETE AND SUBMIT THE ATTACHED REGISTRATION FORM BY FAX, EMAIL, OR MAIL

CANCELLATIONS
Cancellations received before April 30, 2016 will be honored less a $25 administrative fee. No cancellations will be accepted after April 30, 2016.
ACCOMMODATIONS *

A block of rooms are reserved with the Hilton Garden Inn O’Fallon, IL (adjacent to the Regency Conference Center) at a rate of $99.00 + tax per night. Every room comes equipped with a mini fridge, microwave, Keurig® brewing system, ironing board and complimentary Wi-Fi. The hotel also has an indoor pool with hot tub, 24-hour fitness center and business center.

*IMPORTANT: Please book your room BEFORE April 22, 2016. After this date, all unused rooms in this block will be released back to the hotel and the discounted rate will be deactivated.

To make reservations, please follow the steps below:

HOTEL WEBSITE

- Enter your Arrival and Departure Dates
- Click on MORE OPTIONS
- Click on ADD SPECIAL RATE CODES
- Enter the Group Code: ABC516
- Click Check Availability

BY PHONE
1-877-STAY-HGI (1-877-782-9444)
Group Code: ABC516
Group Name: Autism Conference

CONFERENCE CONTACT
Elise Groenewegen
Manager, Child Development Initiatives
Illinois Chapter, American Academy of Pediatrics
Tel: 312/733-1026 x 204
Fax: 312/733-1791
eygroenewegen@illinoisaap.com
Website: http://illinoisaap.org/projects/abc/
# AGENDA

**Friday, May 20, 2016**

**A TRAUMA-INFORMED, INTERPROFESSIONAL APPROACH TO CARING FOR CHILDREN AND ADOLESCENTS WITH SPECIAL NEEDS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:15–8:00am</td>
<td>SIGN-IN/REGISTRATION AND BREAKFAST</td>
<td>Tuscany East</td>
</tr>
<tr>
<td>8:00–8:15am</td>
<td>WELCOME AND OPENING REMARKS</td>
<td></td>
</tr>
</tbody>
</table>
| 8:15–9:15am   | **KEYNOTE ADDRESS:** When Their Stress Becomes Yours: The Price We Pay for Caring  
Mary Dobbins, MD, FAAP  
Southern Illinois School of Medicine | Tuscany East       |
| 9:30–10:30am  | **BREAKOUT SESSION 1:**  
A1 Brain Mapping and Connectivity Guided Neurofeedback for Autism  
Ann Rigby, LCSW, BCN  
The Neuro Connection  
| Sienna/Ravello |
|               | B1 Putting the Pieces Together: Schools, Families & Healthcare Providers Collaborating for Youth with Special Needs  
Cynthia Knight, MS, SSP  
Belleville Area Special Services Cooperative/ Lindenwood University- Belleville | Tuscany East       |
| 10:45–11:45am | **BREAKOUT SESSION 2:**  
A2 Advances in Genetics and Autism Spectrum Disorders  
Cesar Ochoa-Lubinoff, MD, MPH, FAAP  
Rush University Medical Center  
| Sienna/Ravello |
|               | B2 Interprofessional Responses: Next Steps Toward Success  
William Gordon, DMin  
DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University | Tuscany East       |
|               | C2 Mission Transition: Bridging Complex Care from Hospital to Home  
Deborah Grisko, RN  
Almost Home Kids  | Pisa               |
| 11:45–12:30pm | LUNCH/ VISIT EXHIBITORS                                               |                    |
| 12:30–1:30pm  | DNA is not Destiny Film Screening & Panel Discussion  
Panel Discussion by Mary Dobbins, MD, FAAP, Southern Illinois School of Medicine; Debi Jo Klausing, Early Childhood Special Ed & Pre K Teacher, Illinois Education Association Board of Directors; and Cynthia Knight, MA, Springfield Public Schools, District 186  
Panel Moderated by William Gordon, DMin, DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University | Tuscany East       |
| 1:45–2:45pm   | **BREAKOUT SESSION 3:**  
A3 Interprofessional Responses: Next Steps Toward Success  
William Gordon, DMin  
DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University  
| Sienna/Ravello |
|               | B3 Who are School Psychologists? How Can They Help Those Outside the Classroom?  
Christine Mitchell-Endsley, PhD  
Belleville Area Special Services Cooperative/ Lindenwood University- Belleville | Tuscany East       |
|               | C3 The Pediatric Frequent Flyer: Planning for the Worst and Not Just Hoping for the Best  
Joshua Dugal, RN  
SSM Health Cardinal Glennon Children’s Hospital  | Pisa               |
| 3:00–4:00pm   | **KEYNOTE ADDRESS:** Applying Lessons from Healing Hurt People for All At-Risk Children  
Bradley C. Stolbach, PhD  
University of Chicago Pritzker School of Medicine | Tuscany East       |
| 4:00–4:15pm   | CLOSING REMARKS                                                        | Tuscany East       |
SESSION DESCRIPTIONS

KEYNOTE SESSIONS

MORNING
When Their Stress Becomes Yours: The Price We Pay for Caring
Mary Dobbins, MD, FAAP, Southern Illinois School of Medicine
Compassion fatigue is a state experienced by those helping people in distress; it is an extreme state of tension and preoccupation with the suffering of those being helped to the degree that it can create a secondary traumatic stress for the helper. The work we do is rewarding certainly, but also very stressful. Dr. Dobbins will share evidence-based, research-informed information about the implications of compassion fatigue on our lives, and offer some helpful strategies for how we can be present and effective for those we serve and for ourselves in the midst of stress.

AFTERNOON
DNA is not Destiny Film Screening & Panel Discussion
Panel Discussion by Mary Dobbins, MD, FAAP, Southern Illinois School of Medicine; Debi Jo Klausing, Early Childhood Special Ed and PreK Teacher, Illinois Education Association Board of Directors; and Cynthia Knight, MA, Springfield Public Schools, District 186
Panel Moderated by William Gordon, DMin, DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University
Research in the new field of epigenetics shows that experiences leave chemical marks, called the epigenome, on our DNA, especially during a child’s early years. These epigenomes can turn a gene on or off, thus modifying the way our brains and bodies function, and produce lifelong consequences for behaviors and mental and physical health. This documentary considers the social and political implications of these epigenetic discoveries and looks at how certain environments can help or hinder child success, wellbeing, and development.

Applying Lessons from Healing Hurt People for All At-Risk Children
Bradley C. Stolbach, PhD, University of Chicago Pritzker School of Medicine
Healing Hurt People - Chicago (HHP-C), is a trauma-informed hospital-based violence intervention program implemented in emergency pediatric settings in Chicago through a partnership of the University of Chicago Comer Children’s Hospital, the Trauma Dept. of John H. Stroger, Jr. Hospital of Cook County, and The Center for Nonviolence and Social Justice at the Drexel University School of Public Health, where the Healing Hurt People model was developed. HHP-C serves young people ages 0-18 who have been injured by gun violence and other community violence on Chicago's South and Near West sides, providing trauma-informed intensive case management, psychoeducation, and psychological care in order to reduce risk for re-injury, as well as justice system involvement, and mortality.

While Dr. Stolbach’s research activities focus on Developmental Trauma Disorder in urban children, cumulative trauma in young children, links between poverty and trauma, and the role of developmental trauma in the lives of children and youth affiliated with armed groups, there are lessons for working with all children.

A (AUTISM) TRACK SESSIONS

A1: Brain Mapping and Connectivity Guided Neurofeedback for Autism
Ann Rigby, LCSW, BCN, The Neuro Connection
Connectivity Guided Neurofeedback (CNG) is an advanced form of Neurofeedback that has demonstrated efficacy in improving symptoms for Autism. This presentation focuses on what the Quantitative Electroencephalogram (QEEG) reveals about the Autism brain and how CNG works to make functional, lasting improvements to the brain as well as decrease Autism symptoms. Research and case illustrations will be reviewed.

A2: Advances in Genetics and Autism Spectrum Disorders
Cesar Ochoa-Lubinoff, MD, MPH, FAAP, Rush University Medical Center
This session will explain the current genetic testing recommendations for children with Autism Spectrum Disorders (ASD), describe the most recent advances in the understanding of the genetics of ASD, and discuss the future impact of genetic testing in the diagnosis and treatment of individuals with ASD.
A3: Interprofessional Responses: Next Steps Toward Success
William Gordon, DMin, DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University
In this session, work with small groups to develop action steps that lead toward better care for our children. A team from the Baldwin Institute for Interprofessional Education will facilitate an exploration and conversation about what we can do to create interprofessional best practices.

B (BEHAVIORAL CHALLENGES) TRACK SESSIONS

B1: Putting the Pieces Together: Schools, Families & Healthcare Providers Collaborating for Youth with Special Needs
Cynthia Knight, MS, SSP
This session will provide an overview of best practices for prevention/intervention in school settings, build awareness of strategic access points for successful collaboration in/with schools, and strengthen school/family/provider engagement techniques that offer a variety of applications across settings. Awareness of trauma-informed adaptations to these strategies will be discussed.

B2: Interprofessional Responses: Next Steps Toward Success
William Gordon, DMin, DeWitt C. Baldwin Institute for Interprofessional Education at Rosalind Franklin University
In this session, work with small groups to develop action steps that lead toward better care for our children. A team from the Baldwin Institute for Interprofessional Education will facilitate an exploration and conversation about what we can do to create interprofessional best practices.

B3: Who are School Psychologists? How Can They Help Those Outside the Classroom?
Christine Mitchell-Endsley, PhD, Belleville Area Special Services Cooperative/ Lindenwood University- Belleville
This presentation will focus on how school districts and school psychologists in particular and health care providers can work together to best meet the needs of children and adolescents with special needs. Discussion will focus on the roles of school psychologists including transitions of those in early intervention, preschool screenings, school age screenings, consultation, collaboration, the referral process, and putting interventions into place, as well as how RtI or MTSS has changed the face of services for students in education from ages 3 to 22.

C (COMPLEX MEDICAL NEEDS) TRACK SESSIONS

C1: Who are School Psychologists? How Can They Help Those Outside the Classroom?
Christine Mitchell-Endsley, PhD, Belleville Area Special Services Cooperative/ Lindenwood University- Belleville
This presentation will focus on how school districts and school psychologists in particular and health care providers can work together to best meet the needs of children and adolescents with special needs. Discussion will focus on the roles of school psychologists including transitions of those in early intervention, preschool screenings, school age screenings, consultation, collaboration, the referral process, and putting interventions into place, as well as how RtI or MTSS has changed the face of services for students in education from ages 3 to 22.

C2: Mission Transition: Bridging Complex Care from Hospital to Home
Deborah Grisko, RN, Almost Home Kids
As hospitals struggle to manage length of stays and utilization of hospital resources, moving children with medical complexities through the continuum of care is critical. Meeting the needs of the medically complex pediatric population and their families can be difficult. This session will introduce Almost Home Kids and their unique transitional care model that provides cost-effective 24-hour clinical care in a home-like setting, to children who are ready to be discharged, but for whom caregiver education or home preparations are needed to return home.

C3: The Pediatric Frequent Flyer: Planning for the Worst and Not Just Hoping for the Best
Joshua Dugal, RN, SSM Health Cardinal Glennon Children’s Hospital
This session will look at children with complex medical needs involved in trauma, and how we need to adapt to best care for them. We will discuss the emerging group of children with complex medical needs who are technology dependent, and how it may affect trauma assessment and care.
**REGISTRATION FORM**

Register for the conference online at [http://icaap.memberlodge.org/event-2154069](http://icaap.memberlodge.org/event-2154069) or complete and submit the attached registration form by fax, email, or mail.

2\textsuperscript{ND} Annual ABCD (Autism, Behavior, Complex Medical Needs - Downstate) Conference  
A Trauma-Informed, Interprofessional Approach to  
Caring for Children and Adolescents with Special Needs

**YOUR INFORMATION**

Please include this information as you want it to appear on your conference badge, e.g.:

John Smith, MD  
Illinois Health Center

<table>
<thead>
<tr>
<th>First and Last Name</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Credential(s) (e.g. MD, RN, MEd, LCSW etc.)</td>
<td></td>
</tr>
<tr>
<td>Practice/Organization</td>
<td></td>
</tr>
</tbody>
</table>

**PROFESSIONAL INFORMATION**

<table>
<thead>
<tr>
<th>Job title/Position</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Office address</td>
<td></td>
</tr>
<tr>
<td>Contact Phone</td>
<td></td>
</tr>
<tr>
<td>Contact Email</td>
<td></td>
</tr>
</tbody>
</table>

**EVENT INFORMATION**

<table>
<thead>
<tr>
<th>Breakout Session 1 (A, B, or C)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakout Session 2 (A, B, or C)</td>
<td></td>
</tr>
<tr>
<td>Breakout Session 3 (A, B, or C)</td>
<td></td>
</tr>
<tr>
<td>Do you require vegetarian meals? (Y or N)</td>
<td></td>
</tr>
<tr>
<td>Do you require handicap accommodations? (Y or N)</td>
<td></td>
</tr>
</tbody>
</table>

**CONTINUING EDUCATION CREDITS**

Please indicate which credits you are requesting, if applicable:

- [□] CME (ISMS)
- [□] IL EI Credit
- [□] IEA CPDU/PD Clock Hours
- [□] Gateways (INCCRRA)
- [□] MA CCP Points (AMT)
- [□] RN CE Credits
- [□] N/A

*For information on applicability and acceptance with regard to licensing requirements for accreditation not explicitly listed above, please consult your own department of professional regulations.*

*All conference attendees will receive an emailed certificate of participation within 6 weeks following the conference.*
PAYMENT AUTHORIZATION FORM

2nd Annual ABCD Conference:
☐ Member Physician: $175.00
   ICAAP/IAFP/MCO member
☐ Non-member Physician: $250.00
   To learn more about becoming a member of ICAAP, contact info@illinoisaap.com
☐ Allied Health Provider: $75.00
   Including all EI providers, LCSW, NP, RN, MA, Special Ed
☐ Community Service Provider $50.00
   Including home visitors, child care providers, family case management, teachers, other community members as well as parents
☐ Residents and Students $50.00

I will pay by:
☐ Credit Card

Please complete information in its entirety below. Please fax to 312/733-1791, email to Elise Groenewegen at egroenewegen@illinoisaap.com or mail to ICAAP, 1400 W Hubbard, Suite 100, Chicago, IL 60642. Payment must be received by April 30, 2016
☐ Check

Checks can be made payable to Illinois Chapter, American Academy of Pediatrics and sent to ICAAP, 1400 W Hubbard, Suite 100, Chicago, IL 60642. Payment must be received by April 30, 2016

☐ Please contact me by phone to settle payment  Phone number: ________________________

________________________________________________________

Card Holder Name: ____________________________________________________________
Billing Address: ________________________________________________________________
City: ___________________________ State: ___________ Zip: ____________
Phone: _________________________ E-mail: ________________________________
Card # ___ ___ ___ ___  ___ ___ ___ ___  ___ ___ ___ ___  ___ ___ ___ ___  ___ ___ ___ ___
Exp. Date____ ____ / ____ ____  Security CVV2 Code ____ ____ ____ (____)
(for Amex)

I am the authorized user of the credit card number listed above. I agree to pay the above total amount according to the card issuer agreement.

Card Holders Name: ____________________________________________________________
Card Holders Signature: ________________________________________________________

Date: ____________________________