



2017 ICAAP Annual Educational Conference AGENDA

8-9:15am Plenary Session

H. Garry Gardner Memorial Lecture: Supporting Children in Times of Crisis

David J. Schonfeld, MD, FAAP

- Understand the importance of psychological first aid and basic supportive services to promoting adjustment after a crisis
- Outline the common symptoms of adjustment reactions in children and adolescents that may occur in response to a crisis
- Appreciate the importance of professional self-care

9:15-9:45am Break with Exhibitors

9:45-10:45am Concurrent Sessions

Session 1: Returning to the Classroom Following a Concussion

Rebecca Carl, MD, MS and Adam Potteiger, MS

- Explain the pathophysiology and natural history of sports concussion
- Review strategies for returning children and adolescents with concussion to the school setting

Session 2: How to Incorporate Environmental Health into Your Primary Care Practice

Susan Buchanan, MD

- Screen patients for selected environmental exposures which are linked to asthma, learning disabilities, and behavior disorders
- Advise families about how to reduce environmental exposures at home

Session 3: Allergy Testing: RAST vs. Skin Testing

Sai Nimmagadda, MD, FAAP

- Describe the role of skin testing and RAST testing in the diagnosis of allergic diseases
- Review when to order ST's and RAST testing

10:45-11:30am Poster Session and Networking Break

11:30am-12:30pm Concurrent Sessions

Session 1: Screening for Social Determinants of Health and Adverse Childhood Experiences in the Outpatient Setting

Mary Dobbins, MD, FAAP

Session 2: Principles in Behavioral Management: Implications for Effective Discipline

David J. Schonfeld, MD, FAAP

- Educate parents that different schedules of reinforcement are used for learning a new behavior versus encouraging persistence of a behavior
- Assess the likelihood of post-extinction burst and the implications for ignoring misbehavior
- Differentiate six types of punishment

Session 3: Period Problems: What is Normal and When to Worry

Mary Fournier, MD, MPH

- Describe normal menstruation in an adolescent
- Manage abnormal uterine bleeding in an adolescent
- Discuss diagnosis and treatment of Polycystic Ovarian Syndrome

12:30-2:30pm Luncheon

ICAAP Update

Alison S. Tothy, MD, FAAP, ICAAP President

Supporting the Health of LGBTQ Youth: Affirming and Inclusive Practices and Care

Lisa Simons, MD

- Define key terminology related to gender and sexuality diversity
- Identify health care disparities experienced by LGBTQ youth in 2017
- Cite examples of strategies for creating a welcoming environment and providing inclusive care

Poster Presentation

2:30-3:30pm Concurrent Sessions

Session 1: Advocating for Children with Disabilities in School

Brianne Dotts, JD

- Explain the importance of the medical provider in educational advocacy
- Gain a basic understanding of student and parent rights (and how you play a part) in the school setting
- Learn tips on how to help students in need of advocacy in school

Session 2: Sexual Health and Youth: We Need Your Help!

Lisa Masinter, MD, MPH, MS, FACOG

- Review Adolescent Sexual Health Guidelines
- Describe how to overcome barriers to implementing in practice

Session 3: What's New in Dermatology and What Should Primary Care Providers Recognize?

Adena Rosenblatt, MD, PhD

3:30-4pm Break with Exhibitors

4-5pm Concurrent Sessions

Session 1: Management of Febrile Infants

James W. Antoon, MD, FAAP

- Describe the changing epidemiology of febrile infants in the United States
- Interpret the evaluation of serious bacterial versus invasive bacterial infections
- Review the management options and clinical outcomes of febrile infants

Session 2: Assessment and Treatment of Eating Disorders: Empowering Physicians to be Part of the Treatment Team

Karen Bernstein, MD, FAAP; Kristen Anderson, LCSW; Sara Desai, LCSW

- Learn assessment skills and diagnostic criteria for adolescent eating disorders
- Review techniques and engage in role plays to discuss eating disorders and treatment referrals with patients and their caregivers/families.
- Discuss the rationale and the scientific support for FBT for adolescent eating disorders

Session 3: Increasing HPV Vaccination Initiation Rates QI Project

Brianna K. Brei, MD; Nancy Choi, MD; Mark Murphy, MD; Julia Roberts, DO

- To assess the effectiveness of provider education and recommendation in a community clinic to increase the initiation rate of the HPV vaccination.
- To assess the effectiveness of nurse education and recommendation in a community clinic to increase the initiation rate of the HPV vaccination.
- To understand further improvements within the project and future goals for other projects to increase HPV rates within a community clinic.