3RD ANNUAL
AUTISM, BEHAVIOR, AND COMPLEX MEDICAL NEEDS – DOWNSTATE (ABCD)
CONFERENCE

Zip Code vs. Genetic Code:
The Social Determinants of Caring for Children and Families with Special Needs

Hosted by the Illinois Chapter, American Academy of Pediatrics (ICAAP)

Friday, April 28, 2017
Formal Program from 8:00 am—4:00pm
Sign-in/registration and breakfast begins at 7:15 am

Regency Conference Center
400 Regency Park Drive
O’Fallon, IL 62269
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<td><em>Sara Balgoyen, Heather Dalmage, PhD &amp; Nancy Michaels, BA, MA</em></td>
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<td><em>Roosevelt University, Mansfield Institute for Social Justice and Transformation</em></td>
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<td><em>Mansha Mirza, PhD, OTR/L, MSHSOR, University of Illinois at Chicago</em></td>
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<td><em>Matthew Cohen, JD, Matt Cohen and Associates</em></td>
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<td>2:45–3:45pm</td>
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<td><em>William Gordon, DMIn, MDiv, Rosalind Franklin University</em></td>
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<td>3:45–4:00pm</td>
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Continuing Education
You must complete an online evaluation to receive continuing education for this conference. All attendees will receive a link to the online session evaluations following the conference. Additional paperwork is required for the following and can be found at the registration table in the main lobby:

- Dental Hygienist Continuing Education Credits
- Gateways to Opportunity
- LSW, LCSW, LCP, and LCPC Continuing Education Units

If you have any questions about continuing education, please contact Nirja Shah at nshah@illinoisaap.com or 312/733-1026 ext. 216

Evaluations
All attendees will receive a link to the online session evaluations following the conference. We ask that all participants complete an evaluation for each session attended, as well as for the overall conference. Your feedback is greatly appreciated and vital in the planning of future conferences. If you are requesting continuing education, you must complete your evaluations in order to receive a letter of completion.

Presentations and Handouts
All presentations and handouts (if applicable) are available electronically at illinoisaap.org/conferences/abc.

General
If you have any questions or need assistance, please ask any of the ICAAP staff members with the blue-ribbon name tags, or visit the registration table in the main lobby.
ABOUT THE 3rd ANNUAL ABC-D CONFERENCE

Health starts in our homes, schools, workplaces, neighborhoods, and communities. In the past, health was only measured by markers including how well we ate, whether or not we exercised, and which vaccines we had. While these factors play an important role in our health, increasing attention is being focused on the economic and social conditions that shape the health of individuals and communities. In fact, where a child lives (their zip code) has a far greater impact on their health and well-being than biological influences (their genetic code) alone. Furthermore, environmental factors, such as chronic stress, can actually change how a person’s genetic code is expressed.

Examples of these social determinants of health include availability and access to resources such as quality medical care and clean food, water, and air, the quality of education in a community, the overall physical and social safety of a community and more.

All of these factors help shape the physical, mental, and behavioral health of children and families. Therefore, there is a greater need for tools that enable providers to recognize and address some root sources of health and pathology from children’s social, economic, physical, and educational environments. The 3rd Annual ABC-D Conference will deliver valuable information about social determinants of health in order to enable providers across many disciplines to recognize and address these determinants when caring for children and families with special healthcare needs, including those impacted by trauma and adverse childhood experiences.

LEARNING OBJECTIVES

At the conclusion of the conference, participants will be better able to:
1. Recognize that social determinants of health of children and families with special health care needs inform the context of working with a wide array of providers.
2. Apply a social determinants-informed and interprofessional approach when serving children and families with special health care needs.
3. Integrate care coordination protocols when serving children and adolescents with special health care needs that are specific to a community’s economic and social conditions.
TARGET AUDIENCE
The target audience for ABC conferences includes primary care providers and their teams, including pediatricians, family physicians, nurse practitioners, physician assistants, residents, fellows, medical students, and allied health care professionals. In addition, providers from other settings including child care, early education, home visiting, and more are encouraged to attend. The conference will offer an opportunity for providers to network with other like-hearted and like-minded professionals from other child-serving systems that also have a stake in the lives of children with autism, behavioral challenges, and complex medical needs.

ABC-D CONFERENCE FACULTY PLANNING COMMITTEE
CO-CHAIRS
Russell J. Bonanno, M.Ed., The Autism Program of Illinois
Mary Dobbins, MD, FAAP, Southern Illinois University School of Medicine
Tracey Smith, DNP, PHCHS-BC, Southern Illinois University School of Medicine

COMMITTEE MEMBERS
Pankaj Chhangani, MD, FAAP, Advocate Trinity Hospital
Christina Emmert, RDH, RP, Illinois Dental Hygienist Association
Jennifer Heithaus, MD, FAAP, St. Louis University
Janice Moenster, Children’s Home + Aid
ACCREDITATION AND CREDIT DESIGNATION STATEMENTS

CHES/MCHES CONTACT HOURS
Sponsored by Illinois Chapter, American Academy of Pediatrics, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 6 total Category I continuing education contact hours. Maximum advanced-level continuing education contact hours available are 0.

CONTINUING MEDICAL EDUCATION
The Illinois Chapter, American Academy of Pediatrics designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The Illinois Chapter, American Academy of Pediatrics is accredited by the Illinois State Medical Society (ISMS) to provide continuing medical education for physicians.

DENTAL HYGIENIST
Six continuing education credits will be given by the Illinois Dental Hygienists' Association for Registered Dental Hygienists who attend the full-day conference.

GATEWAYS TO OPPORTUNITY REGISTRY VERIFICATION
This conference is Registry-verified by the Illinois Network of Child Care Resource and Referral Agencies (INCCRRRA) Gateways to Opportunity Illinois Professional Development System for 6 contact hours. If you are an Illinois Registry member, please be sure to bring your Registry Member ID# to include on the session information form provided at the conference.

ILLINOIS EARLY INTERVENTION CREDITS
The Following Sessions only are approved for IL EI Credit:

8:15-9:15am Keynote Address
When Zip Code Matters More than Genetic Code - 1 WWF

9:30-10:30am Breakout Session 1
A: The Autism Treatment and Research Center: Promoting the Emergence of Complex Language and Social Skills - 1 WWF
B: Diagnosis and Management of ADHD - 1 ATY
C: Inattention, Hyperactivity, Snoring and Restless Sleep: My Child’s Dentist Can Help?! - 1 WWF

10:45-11:45am Breakout Session 2
A: The Importance of Including Caregivers in Intervention for Autism Spectrum Disorder (ASD) - 1 WWF

12:15-1:15pm Keynote Address
Building a Strong Bridge to Connect Community and Healthcare: Bolstering Those Who Are Medically Complex and Socially Fragile - 1 WWF

1:30-2:30pm Breakout Session 3
A: Promoting Home and Community Participation among Latino children with ASD - 1 WWF
B: Reducing Toxic Stress by Living the Protective Factors - 1 WWF

2:45-3:45pm Keynote Address
Caring Too Hard: Refueling When You Are Spent - 1 WWF
ILLINOIS EDUCATION ASSOCIATION
The Illinois Education Association is an Illinois Professional Development Approved Provider and will offer 6.25 CPDU/PD Clock Hours to educators who attend the full-day conference.

ILLINOIS OCCUPATIONAL THERAPIST CONTINUING EDUCATION UNITS
This course has been approved for continuing education hours for occupational therapy practitioners by the Illinois Occupational Therapy Association. Occupational therapy practitioners licensed in the state of Illinois may cite 6.5 continuing education hours for participation in the full-day conference. ICAAP’s approved provider number is 11796792. Course approval by the Illinois Occupational Therapy Association does not constitute or imply a co-sponsorship agreement.

LICENSED CLINICAL SOCIAL WORK CONTINUING EDUCATION
In partnership with Illinois Collaboration on Youth and University of Illinois Springfield, we are pleased to offer 6 free CEU credits for a variety of certification which includes; LSW, LCSW, LCP, LCPC.

MEDICAL ASSISTANT CONTINUING EDUCATION UNITS
This program is eligible for 6.00 hours of continuing education credit by American Medical Technologists (AMT). Granting of credit in no way constitutes endorsement by AMT of the program content or the program’s sponsor.

REGISTERED NURSE CONTINUING EDUCATION PRE-APPROVED SPONSOR INFORMATION
Any conference that provides approved Continuing Medical Education (CME) as authorized by the Illinois Medical Practice Act is considered a ‘pre-approved’ RN CE sponsor. For more information: http://nursing.illinois.gov/PDF/2015-07_IL_RN_Pre-approved_CE_Sponsor.pdf

QIDP CONTINUING EDUCATION HOURS
6 continuing education hours (CEs) are approved for the following licensed professionals: Licensed Nursing Home Administrator, Licensed Physical Therapist & Physical Therapy Assistant, and Licensed Professional Counselor. Qualified Intellectual Disabilities Professionals (QIDPs) may apply the same hours of continuing education units earned from this conference toward their twelve hour annual continuing education requirement.

ATTENTION:
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- LSW, LCSW, LCP, and LCPC Continuing Education Units

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For information on applicability and acceptance with regard to licensing requirements for accreditation not explicitly listed below, please consult your own department of professional regulations.

All conference attendees will receive an emailed certificate of completion within 6 weeks following the conference.
SESSION DESCRIPTIONS

KEYNOTE SESSIONS

MORNING: When Zip Code Matters More than Genetic Code
David E. Steward, MD, MPH
Southern Illinois University School of Medicine

This session will describe the social determinants of health and will discuss how understanding and using them can lead to better health care, improved outcomes, and happier, healthier children.

NOON: Developing an Infrastructure Connecting Community to Healthcare to Assist in the Provision of Care for Those who are Medically Complex and Socially Fragile
Janice Frue, PharmD, BCPS; Meghan Golden, LCSW; Nicole Mirocha, DO; & Tracey Smith, DNP, PHCNBC
Southern Illinois University School of Medicine

A program that has grown out of a local County Health Needs Assessment to address access to care in a blighted neighborhood has resulted in a primary care clinic developing a new infrastructure to address the needs of those who are medically complex and socially fragile. While the program was not aimed at children with complex medical needs, families have become the "patients" of this program. We will share the background of this program, clinic infrastructure changes that are resulting in coordinated care services for children with complex needs that are growing up in families that are struggling with many social determinants of health (SDOH). By utilizing social determinants of health map as a guide to care services for parents, we are also addressing those SDOH that children are often facing.

AFTERNOON: Caring Too Hard: Refueling When You are Spent
William Gordon, DMin, MDiv
Rosalind Franklin University

Providing support and services to children and families with special needs makes demands on care providers that can become overwhelming at both professional and personal levels. While we want to continue helping, we may be teetering on physical, spiritual, emotional, and psychic exhaustion. Together, we will consider the impact of stress in the form of caregivers’ fatigue, secondary trauma stress, vicarious trauma, mixed/shared traumas, and allostatic overload. We will review the signs that indicate when we must pull inward and discuss possibilities for self-care that allow us to effectively return to our passions and purpose.
A (AUTISM) TRACK SESSIONS

A1: The Autism Treatment and Research Center (SIU): Promoting the Emergence of Complex Language and Social Skills

*Dana Paliliunas, MS, BCBA & William B. Root, M.S., BCBA*
*The Autism Research and Treatment Center, Southern Illinois University-Carbondale*

Research has demonstrated that direct and social contingencies can influence how individuals relate with psychological events, such as anxiety and depression. Limited services are available for individuals with autism spectrum disorder to develop advanced language abilities to interacting with these private, complex behaviors. This session will provide an overview of The Autism Research and Treatment Center (ARTC), Southern Illinois University-Carbondale, and its subsidiary clinics: The Language Cognition and Development Clinic (LCD) and Club 57. The LCD clinic provides services using contemporary behavior analytic theories to promote the emergence of advanced language skills. Club 57 provides services utilizing Acceptance and Commitment Therapy (ACT), an empirically based model to increase psychological flexibility. The presenters will discuss the key components of the clinics, and provide direct examples. The influence of social determinants on behavioral health is still in need of research and refinement; this session will offer clinical insights into this important endeavor.

A2: The Importance of Including Caregivers in Intervention for Autism Spectrum Disorder (ASD)

*Latha Soorya, PhD, BCBA & Allison Wainer, PhD*
*Rush University Medical Center*

Families of children with autism spectrum disorder (ASD) report increased levels of unmet medical and therapeutic needs, decreased social support, and lower family quality of life. Research suggests that including parents as active agents in ASD intervention can address these issues, improve parenting stress and self-efficacy, and contribute to better intervention outcomes for children with ASD. This presentation will discuss the ways in which including caregivers in ASD intervention can improve certain social determinants of health for children with ASD and their families. We will also provide examples of the ways in which various ASD intervention programs have included a caregiver component, and discuss findings from initial empirical studies of these intervention programs.

A3: Promoting Home and Community Participation among Latino children with ASD

*Mansha Mirza, PhD, OTR/L, MSHSOr*
*University of Illinois at Chicago*

There is an urgent need for affordable and applicable interventions for the growing population of Latino children with ASD. We developed an 8-week family-directed intervention for increasing participation in everyday activities among preschool age Latino children with ASD using a team of occupational therapists (OTs) and community health workers (CHWs). Ten Latino mother/child dyads were enrolled in a randomized trial with two groups; five received the intervention from an OT, the remaining received services co-delivered by an OT and a community health worker/promotora. Outcomes related to child’s participation, child’s social communication, and family empowerment was measured at baseline and end of the eight-week intervention. **Results:** Both groups demonstrated improvement in child participation outcomes. Family outcomes improved only in the group receiving services from the OT plus promotora. Findings suggest that involving promotoras in service delivery is a promising strategy to enhance the reach and effectiveness of specialized services for underserved groups.
**B (BEHAVIORAL CHALLENGES) TRACK SESSIONS**

**B1: Diagnosis and Management of ADHD**  
*Cesar Ochoa-Lubinoff, MD, MPH, FAAP*  
*Rush University Medical Center*

ADHD is the most common neurobehavioral condition in the US and affects more than 5% of the population. People suffering from this condition present higher rates of school dropout and lower socio-economic outcomes. This presentation will provide updated and clinically relevant information for clinicians, allied health professionals and educators on the neurobiological basis of ADHD. The impact of this condition in the developmental trajectories of children and their long term outcomes will be explained. The ADHD diagnosis process will be discussed and the presenter will go over the different medical, mental-health and developmental conditions that need to be investigated in this diagnostic process. The current evidence-based pharmacological and non-pharmacological treatment interventions will be reviewed.

**B2: Restorative Justice and Youth with Disabilities**  
*Sara Balgoyen, Heather Dalmage, PhD & Nancy Michaels, BA, MA*  
*Roosevelt University, Mansfield Institute for Social Justice and Transformation*

Our presentation has two interrelated themes: 1. Kids with disabilities are overrepresented among kids pushed out of school and 2. Restorative Justice (RJ) practices may be undermining youth with disabilities (Thorsborne 2015). Restorative Justice, a set of practices and values that holistically prevent and repair harm, build community and relationships resulting in a positive supportive school climate. The practice places on emphasis on “talking” and “listening.” However, existing research shows approximately 50% of kids being sent to RJ circles disabilities (Snow 2013; Snow and Sanger 2010). Researchers found that the youths’ inability to express emotions led to another round of punishment. Thus, the ‘solution’ is further diminishing life chances for youth with disabilities. We argue that we must develop inclusive RJ practices so that children with disabilities can be a part of the ‘community building’ and garner the benefits of a more positive pathway.

**B3: Reducing Toxic Stress by Living the Protective Factors**  
*Dena Chapman, BA & Sarita Sashington, BA*  
*Be Strong Families/American Academy of Pediatrics (AAP) Partner*

Toxic Stress is the type of stress that is ever present, unrelenting and constant. This session teaches parents of children with special needs how to use the 5 research based Strengthening Families™ Protective Factors to effectively reduce the impact of toxic stress.
C (COMPLEX MEDICAL NEEDS) TRACK SESSIONS

C1: Inattention, Hyperactivity, Snoring and Restless Sleep: My Child's Dentist Can Help?!
Kevin L. Boyd, D.D.S, M.Sc., Lurie Children's Hospital
&Darius Loghmanee, MD, Advocate Children’s Hospital

Any effort to address behavior and neurocognitive function in a child must give attention to optimizing their sleep health. Growing recognition of the significant prevalence of sleep disorders, especially among patients with behavioral disorders, combined with the acknowledgment of the myriad factors that can affect a child’s sleep health have made it clear that this is an important area of learning for all of us who care for children. In this session participants will learn how to assess a child’s sleep health, consider novel approaches to treatment of common sleep disorders, and empower families and communities to contribute to a cultural shift that will prioritize sleep health.

C2: Transitioning the Special Needs Child to the Adult Community
Erica D. Wiebe, MD
Carle Hospital and Clinics

Transition is the deliberate process of moving seamlessly from child-oriented services to adult-oriented lifestyle. An estimated 4.5 million or 18.4 % of United States youth age 12-18 have special healthcare needs and more than 33 % of those youth have an emotional, behavioral, or developmental condition. This session will strive to discuss the various complex needs of this particular population, the current state of transition services for these youth, and what can potentially be done to improve this process.

C3: Accessing Educational Services for Children with Disabilities
Matthew Cohen, JD
Matt Cohen and Associates

Session will identify obligations of public schools to provide evaluation, specialized education and a wide array of related and transition services to children with disabilities and ways to access those services along with strategies to assure appropriate services for those already identified. Will also review the meaning of "related services" and the range of supports that children can receive and the interplay of insurance and medicaid with educational funding. Will also address the barriers to access in low income/rural vs. wealthy and suburban communities. Will also address when medical evaluation is a school district responsibility.
EXHIBITORS

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* Informational materials only
Disclosure of Relevant Financial Relationships for ICAAP CME Activities

A commercial interest is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. Circumstances create a conflict of interest when an individual has an opportunity to affect CME content about products or services of a commercial interest with which he/she has a financial relationship. When there is both a financial relationship with a commercial interest and the ability to affect CME content, it is considered to be a relevant financial relationship and the conflict of interest must be resolved prior to the activity.

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<th>Relevant Financial Relationship?</th>
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<td>Russel J. Bonanno, M.Ed.</td>
<td>Planning Committee, Content Reviewer</td>
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<td>Mary Dobbins, MD, FAAP</td>
<td>Planning Committee, Content Reviewer</td>
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<td>Tracey Smith, DNP, PHCHS-BC</td>
<td>Planning Committee, Speaker, Content Reviewer</td>
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<td>Pankaj Chhangani, MD, FAAP</td>
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<td>Planning Committee</td>
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<td>Janice Moenster</td>
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<td>David E. Steward</td>
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<td>William B. Root, M.S., BCBA</td>
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<td>Dana Paliliunas, MS, BCBA</td>
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<td>Cesar Ochoa-Lubinoff, MD, MPH, FAAP</td>
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<td>Kevin L. Boyd, D.D.S, M.Sc</td>
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<td>Darius Loghmanee, MD</td>
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<tr>
<td>Latha Soorya, PhD, BCBA</td>
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<td>Spouse: Argus Cognitive</td>
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<td>Allison Wainer, PhD</td>
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<td>Sara Balgoyen</td>
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<td>Heather Dalmage, PhD</td>
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<td>Nancy Michaels, BA, MA</td>
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<td>Erica D. Wiebe, MD</td>
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<td>Janice Frue, PharmD, BCPS</td>
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<td>Meghan Golden, LCSW</td>
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<td>Nicole Mirocha, DO</td>
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<td>Mansha Mirza, PhD, OTR/L, MSHSOR</td>
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<td>Dena Chapman, BA</td>
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<td>Sarita Sashington, BA</td>
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<td>Matthew Cohen, JD</td>
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<td>William Gordon, DMin, MDiv</td>
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8th ANNUAL

AUTISM, BEHAVIOR, AND COMPLEX MEDICAL NEEDS (ABC) CONFERENCE

Friday, November 17, 2017

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