



- ✦ Autism
- ✦ Behavior
- ✦ Complex Medical Needs

*Supporting primary care to improve the lives of children in need*

## 1st Annual ABC (Autism, Behavior and Complex Medical Needs) South Conference

**“A TRAUMA-INFORMED, INTERPROFESSIONAL APPROACH TO CARING FOR CHILDREN WITH SPECIAL NEEDS”**

**Friday, May 15, 2015**

Formal Program from 8:00 am—4:00 pm

Sign-in/registration and breakfast begin at 7:15 am

### REGENCY CONFERENCE CENTER

400 Regency Park Drive, O'Fallon, IL 62269

#### KEYNOTE PRESENTATIONS BY:

Juanona Brewster, MDiv, MTS, MJ  
*Illinois Chapter, American Academy of Pediatrics*

Mary Dobbins, MD, FAAP  
*Southern Illinois University School of Medicine*

William Gordon, DMin  
*DeWitt C. Baldwin Institute for Interprofessional Education*

#### JOINTLY PROVIDED BY:

Southern Illinois University School of Medicine and Illinois Chapter, American Academy of Pediatrics



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**PROTECT**  
PROMOTING RESILIENCY OF TRAUMA-  
EXPOSED COMMUNITIES TOGETHER

\*



## **ABOUT THE ABC CONFERENCES**

The first ABC Conference in 2010 was organized by The University of Chicago, Illinois Chapter of the American Academy of Pediatrics, Almost Home Kids and the Illinois LEND (Leadership, Education in Neurodevelopmental Disabilities) program at the University of Illinois at Chicago. The first ABC Conferences focused on evidence-based and concrete strategies to address the struggles primary care providers and other health care providers encounter related to Autism, Behavioral Challenges and Complex Medical Needs (ABC). For the first time in 2014 the conference focus was expanded to bring together additional providers from primary care, specialty care, nursing, allied health fields, home visiting, child care and early education, Early Intervention, special education, and other fields.

ABC Conference participants can expect to learn about the broad landscape of services and programs that are available to support children with special needs from birth through childhood, and develop skills to make effective referrals and partner with other agencies and systems. Each track (A, B, and C) features sessions that converge with different systems, developmental services, medical interventions, and innovative partnerships that benefit children served across interprofessional groups. The keynote sessions address the overall theme of the conference. Since 2013, the ABC Conferences offer ample exhibit opportunity for non-profit and for-profit organizations to share resources and information about their services.

2015 marks the first year that an ABC South Conference will be held to serve the professional development, networking, and support needs of child-serving professionals in the greater Southern and Central Illinois regions.

## **ABOUT THE 2015 ABC SOUTH CONFERENCE**

Trauma is a widespread, harmful, and costly public health problem. It occurs as a result of a wide range of emotionally harmful experiences. The need to address trauma is increasingly viewed as an important component of effective behavioral health service delivery, especially for children with special needs. Not only are children and youth with developmental disabilities more likely to be exposed to trauma, but exposure to trauma makes developmental delays more likely. With appropriate support, intervention, and resilience-building, people, both individually and also within the context of family and community, can surmount trauma and develop the skills to integrate the experiences such that they can move forward in life.

It is evident that addressing trauma requires a multi-pronged, multi-agency, interprofessional public health approach inclusive of public education and awareness, prevention and early identification, and needs to incorporate effective trauma-specific assessment and wide ranging treatment resources. This ABC South Conference will deliver valuable information on trauma, toxic stress, and resiliency-building in order to help providers from across many disciplines recognize and address trauma when caring for children and families with special healthcare needs.

This activity is primarily designed to improve the following competencies:

- **Interpersonal & Communication Skills:** Facilitate the effective exchange of information and collaboration with patients, their families, and other health professionals
- **Systems Based Practice:** Demonstrating an awareness of and respect for the larger context and system of health care

## **LEARNING OBJECTIVES**

At the conclusion of the conference, participants will be better able to:

1. Recognize the impact of trauma and toxic stress on children with special health care needs within the context of working with a wide array of providers.
2. Adopt a trauma-informed and interprofessional approach when serving children with special health care needs.
3. Implement trauma-informed care coordination protocols when serving children with special health care needs.

## **TARGET AUDIENCE**

The target audience is comprised of both primary care providers and their teams, including pediatricians, family physicians, nurse practitioners, physician assistants, residents, fellows, medical students, and allied health care professionals, as well as professionals from other settings including child care, early education, home visiting, and more. The conference seeks to enable providers to network across professional silos with those from other child-serving systems that also have a stake in the lives of children with autism, behavioral challenges, and complex medical needs, including those exposed to trauma.



### **ACCREDITATION STATEMENT**

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Southern Illinois University School of Medicine and Illinois Chapter, American Academy of Pediatrics. The SIU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

### **CREDIT DESIGNATION STATEMENT**

The Southern Illinois University School of Medicine designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, ABC (Autism, Behavior and Complex Medical Needs) South Conference: A Trauma-Informed, Interprofessional Approach to Caring for Children with Special Needs, with a beginning date of 05/15/2015, has been reviewed and is acceptable for up to 6.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

SIU School of Medicine is preapproved as a continuing nursing education provider pursuant to Section 1300.130, subsection c), 1), B) and P) of the Illinois Department of Financial and Professional Regulation Nurse Practice Act. Nurses may receive a maximum of 6.0 contact hours for completing this activity.

SIU School of Medicine is a licensed provider for continuing education for nursing home administrators (license #139-000027), social workers (license #159-000106), clinical psychologists (license # 268-000008), and professional counselors/clinical counselors (license number 197-000073).

All other attendees will receive a Certificate of Attendance.

### **GATEWAYS TO OPPORTUNITY REGISTRY VERIFICATION**

This conference is Registry-verified by the Illinois Network of Child Care Resource and Referral Agencies (INCCRRA) Gateways to Opportunity Illinois Professional Development System.

### **ILLINOIS EARLY INTERVENTION CREDITS**

*Illinois Early Intervention Training Program has approved the following sessions for EI credential credit:*

KEYNOTE ADDRESS: PROTECT: Moving From Learning to Doing-1 WWF

BREAKOUT SESSION 1:

B-The Complexity of Complex Trauma in Children- 1 ATY

C-Court Appointed Special Advocates: Working Cooperatively to Advocate Effectively-1 WWF

BREAKOUT SESSION 2:

A-Collaboration: The Key to Maximizing Services and Supports for Children with ASD and their Families-0.5 WWF, 0.5 ATY

B-Initial Contact with the Trauma-Exposed Child-1 ATY

C-Multidisciplinary Approaches to Avoiding Traumatization during Maltreatment Investigations-1 ATY

KEYNOTE ADDRESS: Toxic Stress: Science, Practice, Policy-1 WWF

BREAKOUT SESSION 3:

A-Supports and Services in the State Developmental Disability System- 1 WWF

B-The Impact of Family Involvement - 1 INT

C-Affordable Care Act Expansion and Medicaid Managed Care for Children with Complex Medical Needs-1 WWF

**It is the responsibility of the individual to provide Proof of Attendance or Completion of this activity to Provider Connections.**



## **DISCLOSURE POLICY**

It is the policy of Southern Illinois University School of Medicine, Office of Continuing Medical Education, that speakers, planners and provider disclose real or apparent conflicts of interest relating to the topics of this activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The SIU School of Medicine Office of CME has policies in place that will identify and resolve all conflicts of interest prior to this activity. Detailed disclosure will be made in the activity handout materials.

## **ACKNOWLEDGEMENTS**

### ***FINANCIAL SUPPORT***

PROTECT: Promoting Resiliency of Trauma-Exposed Communities Together\*

*\*This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant HRSA-13-177 "Early Childhood Comprehensive Systems: Building Health Through Integration." This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.*

### ***SPONSORSHIP***

Illinois Academy of Family Physicians  
Illinois Chapter, American Academy of Pediatrics  
The Autism Program of Illinois

## **ABC CONFERENCE FACULTY PLANNING COMMITTEE**

### ***ABC CONFERENCE CO-CHAIRS***

Careyana Brenham, MD, Southern Illinois University School of Medicine  
Mary Dobbins, MD, FAAP, Southern Illinois University School of Medicine

### ***COMMITTEE MEMBERS***

Tracy Aldridge, MD, Division of Developmental Disabilities, Illinois Department of Human Services  
Russell Bonanno, MD, The Autism Program of Illinois  
Janet Patterson, MD, FAAP, The University of Illinois College of Medicine at Peoria  
Desma Rozovics, Illinois Academy of Family Physicians  
Kathy Swafford, MD, FAAP, Southern Illinois University's Children's Medical Resource Network  
Kelly Woodlock, MS, Ounce of Prevention Fund

### ***CME ACTIVITY DIRECTOR***

Mary Dobbins, MD, FAAP, Southern Illinois University School of Medicine

### ***AAFP MEMBER REPRESENTATIVE***

Careyana Brenham, MD, Southern Illinois University School of Medicine

## **CONFERENCE LOCATION**

Regency Conference Center  
400 Regency Park Drive, O'Fallon, IL 62269



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### **REGISTRATION**

- \$250 – Non-member Physician
- \$175 – Member Physician (ICAAP/IAFP member)
- \$75 – Allied Health Provider (Including PA, NP, RN, Social Workers, Early Intervention service providers)
- \$50 – Community Service Provider (Including home visitors, child care, family case management, other community members as well as parents)
- \$50 – Residents and Students

**REGISTER FOR THE CONFERENCE ONLINE AT <http://icaap.memberlodge.org/event-1857363>  
OR COMPLETE AND SUBMIT THE ATTACHED REGISTRATION FORM BY FAX, EMAIL, OR MAIL**

### **CANCELLATIONS**

Cancellations received before May 1, 2015 will be honored less a \$25 processing fee. No cancellations will be accepted after May 1, 2015.

### **ACCOMODATIONS**

A block of rooms are reserved with the Hilton Garden Inn O'Fallon, IL (adjacent to the Regency Conference Center) at a rate of \$99.00 + tax per night.

Every room comes equipped with a mini fridge, microwave, Keurig® brewing system, ironing board and complimentary Wi-Fi. The hotel also has an indoor pool with hot tub, 24 hour fitness center and business center.

To make reservations, please follow the steps below:

### **HOTEL WEBSITE**

<http://hiltongardeninn3.hilton.com/en/hotels/illinois/hilton-garden-inn-st-louis-shiloh-ofallon-STLEAGI/index.html>

- Enter your Arrival and Departure Dates
- Click on MORE OPTIONS
- Click on ADD SPECIAL RATE CODES
- Enter the Group Code: ICAAP5
- Click Check Availability

### **BY PHONE**

1-877-STAY-HGI (1-877-782-9444)

Group Code: ICAAP5

Group Name: Autism Behavior Conference

*\*IMPORTANT: Please book your room BEFORE April 15, 2015. After this date, all unused rooms in this block will be released back to the hotel and the discounted rate will be deactivated.*

<http://illinoisaap.org/projects/abc/>



+ Autism  
 + Behavior  
 + Complex Medical Needs

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## AGENDA

Friday, May 15, 2015

### A TRAUMA-INFORMED, INTERPROFESSIONAL APPROACH TO CARING FOR CHILDREN WITH SPECIAL NEEDS

Time	Event	Room
7:15–8:00am	<b>SIGN-IN/REGISTRATION AND BREAKFAST</b>	<b>Venetian Prefunction/ Tuscany East</b>
8:00–8:15am	<b>WELCOME AND OPENING REMARKS</b>	<b>Tuscany East</b>
8:15–9:15am	<b>KEYNOTE ADDRESS:</b> <b>PROTECT: Moving From Learning to Doing</b> <i>Juanona Brewster, MDiv, MTS, MJ, Illinois Chapter, American Academy of Pediatrics</i>	<b>Tuscany East</b>
9:30–10:30am	<b>BREAKOUT SESSION 1:</b>	
<b>A</b>	<b>Positive Behavioral Supports for Students with Autism: A Three Tiered Approach</b> <i>Zeppelyn D. Brewer, M.S., CCC/SLP, Tri-County Special Education Joint Agreement Cooperative</i>	<b>Sienna</b>
<b>B</b>	<b>The Complexity of Complex Trauma in Children:</b> <b>Could it be PTSD, ADHD, ODD, Bi-Polar Disorder or is it just developmental trauma?</b> <i>Ginger Meyer, MSW, LCSW, Children’s Medical and Mental Health Resource Network</i>	<b>Ravello</b>
<b>C</b>	<b>Court Appointed Special Advocates: Working Cooperatively to Advocate Effectively</b> <i>Tracy Weaver, JD, Illinois CASA</i>	<b>Pisa</b>
10:45–11:45am	<b>BREAKOUT SESSION 2:</b>	
<b>A</b>	<b>Collaboration: The Key to Maximizing Services and Supports for Children with ASD and their Families</b> <i>Laura Watters, MA, Kreider Services</i>	<b>Sienna</b>
<b>B</b>	<b>Initial Contact with the Trauma-Exposed Child</b> <i>Careyana Brenham, MD, Southern Illinois University School of Medicine</i>	<b>Ravello</b>
<b>C</b>	<b>Multidisciplinary Approaches to Avoiding Traumatization during Maltreatment Investigations</b> <i>Sheryl Woodham, MSW, LCSW, The Guardian Center</i>	<b>Pisa</b>
11:45–12:30pm	<b>LUNCH/ VISIT EXHIBITORS</b>	<b>Venetian Prefunction</b>
12:30–1:30pm	<b>KEYNOTE ADDRESS:</b> <b>Toxic Stress: Science, Practice, Policy</b> <i>Mary Dobbins, MD, FAAP, Southern Illinois University School of Medicine</i>	<b>Tuscany East</b>
1:45–2:45pm	<b>BREAKOUT SESSION 3:</b>	
<b>A</b>	<b>Supports and Services in the State Developmental Disability System</b> <i>Tracy Aldridge, MD, Division of Developmental Disabilities, Illinois Department of Human Services</i>	<b>Sienna</b>
<b>B</b>	<b>The Impact of Family Involvement:</b> <b>How to Effectively Partner with Family Members to Improve Treatment Outcomes</b> <i>Matt Buckman, PhD, Egyptian Public &amp; Mental Health Department</i>	<b>Ravello</b>
<b>C</b>	<b>Affordable Care Act Expansion and Medicaid Managed Care for Children with Complex Medical Needs</b> <i>Alvia Siddiqi, MD, FAAFP, Illinois Health Connect</i>	<b>Pisa</b>
3:00–4:00pm	<b>KEYNOTE ADDRESS:</b> <b>Interprofessional Responses: Tag, We’re All It!</b> <i>William Gordon, DMin, DeWitt C. Baldwin Institute for Interprofessional Education</i>	<b>Tuscany East</b>
4:00–4:15pm	<b>CLOSING REMARKS</b>	<b>Tuscany East</b>
4:15–4:45pm	<b>POST CONFERENCE NETWORKING</b>	<b>TBD</b>



## **SESSION DESCRIPTIONS**

### **KEYNOTE SESSIONS**

#### **PROTECT: Moving From Learning to Doing**

*Juanona Brewster, MDiv, MTS, MJ, Illinois Chapter, American Academy of Pediatrics*

This session will share the current results of conversations and decisions made by the PROTECT initiative: Promoting Resiliency of Trauma-Exposed Communities Together, an ever-expanding collective of private and public organizations and service systems, including Early Intervention, home visiting programs, and child care programs that serve children 0-3.

#### **Toxic Stress: Science, Practice, Policy**

*Mary Dobbins, MD, FAAP, Southern Illinois University School of Medicine*

Exposure to ongoing stress causes biological changes which frequently lead to developmental, behavioral and medical problems. This session will introduce the concept of stress as an environmental "toxin", and explore the subsequent implications for the care of children.

#### **Interprofessional Responses: Tag, We're All It!**

*William Gordon, DMin, DeWitt C. Baldwin Institute for Interprofessional Education*

"Tag! We're All It!" will look at the emerging realities of interprofessional practice as a foundation of medical models that include medical homes and medical neighborhoods, and will offer a compelling rallying cry for both practitioners and health consumers to insist on collaborative, team-based care.

### **A (AUTISM) TRACK SESSIONS**

#### **A1: Positive Behavioral Supports for Students with Autism: A Three Tiered Approach**

*Zeppelyn D. Brewer, M.S., CCC/SLP, Tri-County Special Education Joint Agreement Cooperative*

Conference participants will be introduced to what positive behavioral interventions are and how to implement a three tiered approach within the school setting for students with autism. This session will primarily focus on Tier 2 and Tier 3 positive behavioral supports outlining how students with autism can be supported within a three tiered approach.

#### **A2: Collaboration: The Key to Maximizing Services and Supports for Children with ASD and their Families**

*Laura Watters, MA, Kreider Services*

No one provider can do it all. Collaboration has been an essential element of the success of The Autism Program at Kreider Services. Come learn how we have developed partnerships with physicians, hospitals, behavioral health organizations, universities, schools, etc. in order to continually improve the system of care for children with an autism spectrum disorder and their families in our rural communities.

#### **A3: Supports and Services in the State Developmental Disability System**

*Tracy Aldridge, MD, Division of Developmental Disabilities, Illinois Department of Human Services*

This presentation will identify services that are available through the IL DD system, who qualifies, and how to access. It will also discuss how services and supports available may change as children age and transition into adulthood.



## **B (BEHAVIORAL CHALLENGES) TRACK SESSIONS**

### **B1: The Complexity of Complex Trauma in Children: Could it be PTSD, ADHD, ODD, Bi-Polar Disorder or is it just developmental trauma?**

*Ginger Meyer, MSW, LCSW, Children's Medical and Mental Health Resource Network*

The term complex trauma describes how children's exposure to multiple or prolonged traumatic events impacts their ongoing development. Typically, complex trauma exposure involves the simultaneous or sequential occurrence of child maltreatment and other adverse childhood experiences. This training will assist participants in thinking about how complex trauma can mirror, mimic or coincide with many diagnoses, which may or may not already be present at the time of the experienced trauma.

### **B2: Initial Contact with the Trauma-Exposed Child**

*Careyana Brenham, MD, Southern Illinois University School of Medicine*

Children present after trauma exposure in different manners but it is the response from those caring for them that is often so crucial. This session will discuss the interaction with trauma-exposed children via a physical forensic exam after sexual and/or physical abuse. It is key that the exam and interaction that children have with the Health Care Team and Social Services Team is supportive and does not cause an increase in trauma to them.

### **B3: The Impact of Family Involvement: How to Effectively Partner with Family Members to Improve Treatment Outcomes**

*Matt Buckman, PhD, Egyptian Public & Mental Health Department*

This presentation will cover the clinical benefits of involving family members and other supports to improve the outcomes for young children's complex medical and behavioral health needs. Specific techniques will be discussed regarding communication with family members, leveraging family strengths, using motivational interviewing, and improving treatment compliance.

## **C (COMPLEX MEDICAL NEEDS) TRACK SESSIONS**

### **C1: Court Appointed Special Advocates: Working Cooperatively to Advocate Effectively**

*Tracy Weaver, JD, Illinois CASA*

As the child welfare system in Illinois grows increasingly complex, ensuring that the best interests of children are met can appear to be a daunting endeavor. Learn how Court Appointed Special Advocates (CASAs) in Illinois serve as professional volunteers who advocate for abused and neglected children and how CASAs can help bridge gaps between service providers, court representatives, and other individuals important in the lives of young children.

### **C2: Multidisciplinary Approaches to Avoiding Traumatization during Maltreatment Investigations**

*Sheryl Woodham, MSW, LCSW, The Guardian Center*

This session will explain the multidisciplinary team process before, during, and after a forensic interview for child maltreatment and how that process can be tailored to meet the specific needs of children with varied emotional, physical and development needs. The session will also discuss the challenges of evaluating for trauma during the forensic interview.

### **C3: Affordable Care Act Expansion and Medicaid Managed Care for Children with Complex Medical Needs**

*Alvia Siddiqi, MD, FAAFP, Illinois Health Connect*

As part of the ACA, uninsured Illinoisans have new options for health coverage either through the state's Medicaid program or through the Illinois Health Insurance Marketplace. Illinois has also shifted more than 50% of Medicaid patients into a Managed Care health plan as of this year. Illinois Health Connect has been the foundation for the roll-out of two types of plans called Accountable Care Entities (ACEs) and Care Coordination Entities (CCEs). This talk will provide an overview of the roll-out and some tips to navigate care for children with complex medical needs in both mandatory and non-mandatory managed care regions.





## REGISTRATION FORM

Register for the conference online at [www.icaap.memberlodge.org/events](http://www.icaap.memberlodge.org/events)  
or complete and submit the attached registration form by fax, email, or mail

**1<sup>st</sup> Annual ABC (Autism, Behavior, Complex Medical Needs) SOUTH Conference**  
“A Trauma-Informed, Interprofessional Approach to Caring for Children with Special Needs”

### PERSONAL INFORMATION

First name	
Last Name	
Credential(s)	
Contact Phone	
Email (required)	

### PROFESSIONAL INFORMATION

Practice/Organization	
Job title/Position	
Office address	

### EVENT INFORMATION

Breakout Session 1 (A, B or C)	
Breakout Session 2 (A, B or C)	
Breakout Session 3 (A, B or C)	
Do you require vegetarian meals? (Y or N)	
Do you require handicap accommodations? (Y or N)	



**PAYMENT AUTHORIZATION FORM**

**1st Annual ABC Conference:**

- Member Physician: \$175.00**  
*ICAAP/IAFP member*
- Non-member Physician: \$250.00**  
*To learn more about becoming a member of ICAAP, contact [info@illinoisAAP.com](mailto:info@illinoisAAP.com)  
To learn more about becoming a member of IAFP, contact [iafp@iafp.com](mailto:iafp@iafp.com)*
- Allied Health Provider: \$75.00**  
*Including PA, NP, RN, Social Workers, Early Intervention service providers*
- Community Service Provider \$50.00**  
*Including home visitors, child care providers, family case management, other community members as well as parents*
- Residents and Students \$50.00**

I will pay by:

- Credit Card

*Please complete information in its entirety below. Please give this to ICAAP staff member, fax to 312/733-1791, email to [egroenewegen@illinoisAAP.com](mailto:egroenewegen@illinoisAAP.com) or mail to ICAAP, 1400 W Hubbard, Suite 100, Chicago, IL 60642.*

- Check

*Checks can be made payable to Illinois Chapter, American Academy of Pediatrics and sent to ICAAP, 1400 W Hubbard, Suite 100, Chicago, IL 60642. **Payment must be received by May 1, 2015***

- Please contact me by phone to settle payment Phone number: \_\_\_\_\_

Card Holder Name: \_\_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ / \_\_\_\_\_ Security CVV2 Code \_\_\_\_\_ (\_\_\_\_)  
(for Amex)

**I am the authorized user of the credit card number listed above. I agree to pay the above total amount according to the card issuer agreement.**

Card Holders Name: \_\_\_\_\_

Card Holders Signature: \_\_\_\_\_

Date: \_\_\_\_\_