System of Care: A Backdrop to Collaboration between Pediatricians and Child and Adolescent Psychiatrists

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Disclosure

I declare that neither I, or my immediate family, have a financial interest or other relationship with any manufacturer/s of a commercial product/s or service/s which may be discussed at the conference.
Systems of Care

- Department of Health and Human Services
- Substance Abuse and Mental Health services Administration
- Center for Mental Health Services
- Children’s Mental Health Division
System of Care Philosophy

- Stroul and Friedman: System of Care… Comprehensive Community Mental Health Services for Children and their Families Program, 1986
- CASSP – Child and Adolescent Service Systems Program
CASSP - 1983

- Presented in
  - Surgeon General’s Report -2000
  - President’s New Freedom Report - 2004
  - First federally funded community grants in 1992
  - Now over $100 Million
System of Care Principles

- Governance: Involve the Mental health and Healthcare financing authority of the state - Collaboration between child serving agencies
- Families as partners
- Culturally and linguistically competent
- Services are individualized (*patient*)
System of Care Principles cont.

- Assessments are strength-based
- A broad array of services are available in community and home based settings
- *Early Intervention and prevention*
- *Transitional Services*
- *Evidence-based practice*
- *Commitment to Evaluation*
- *Diminish stigma*
- *Collaboration with primary care providers*
System of Care Target Populations

- SED or Seriously Emotionally Disturbed
  - Diagnosable mental disorder
  - Impaired functioning in multiple domains
- Multi-system involved youth
Target Subpopulations

- MI/SA
- Juvenile Justice
- Child Welfare
- Residential Treatment Centers
- Infants and Toddlers (early intervention)
- Homeless
- Transition to adult services (16-22)
Systems Viewpoint

- Influence the State Mental health Authority to adopt and implement program components through adoption of principles
- Service System Integration – *Wrap-Around*
- Clear effective governance - *Medicaid*
Systems Cont.

- Ease of Access
- Flex funds
- Workforce Development
- Commitment to training
- School based services
- Coordination with health care – Peds.
- Performance standards and measurement
Recipient of Care; Roles of the Consumer

- A stakeholder in the system
- Direct feedback via Illinois Federation of Families
- Consumer driven system (50% of Board of Directors)
- Help address barriers to access
- Stigma – Social Marketing
Wrap-Around

- What does a family need to effect a good outcome?
- Domains of family, legal guardian, foster parent, school, juvenile justice, Family, pediatric care, activities, finances, individual therapies, psychopharmacology, care management – Individualized Service Plan
Multiple systems: JJ, DD, DCFS, HCFS, etc.
Family Driven

- Family organization
- Youth guided activities
- Participation in Strategic Planning
- Information available in plain language that leads to clear options
- Culturally and linguistically competent
- Have a decision making role in the care of their family member
Evidence Based Psychiatric Programs

- SAMHSA Endorsed
  - Multi-systemic therapy
  - Therapeutic Foster Care
  - Suicide Prevention – Families and Schools Together
  - Teen Screen
  - Wrap Around Milwaukee
  - Dialectical Behavioral Therapy
  - Cognitive Behavioral Therapy
  - Psychosocial Education
  - Assertive Community Treatment
New Ideas for Collaboration:

- Co-management of patients via telemedicine, telephone, or email consultation;
- Face to face consultative model;
- Direct continuing medical education on common mental health concerns and treatment;
- Guiding integration of mental health and primary care partnerships;
- Partnering with allied health professionals working in primary care;
- Joint promotion of prevention efforts;
- Transforming healthcare systems into more integrative systems.
- Sustainable alternative reimbursement models
Evaluation

- Commitment to measurable indicators and self evaluation of purpose, function and outcomes.
- Telemedicine
- Co-location
- Telephone Consultation
- Data shows children with medical conditions such as asthma, diabetes, arthritis, sinusitis, and IBS have higher rates of behavioral healthcare conditions.
- Children with anxiety, depression, and substance use have higher rates of pediatric medical disorders.
Population Based Healthcare

An opportunity for integrated systems:
- Education and Prevention
- Infant mental health and early identification
- Genetic risk assessment
- Outpatient co-location
- Consultation models
- Shared risk/reward
- School based clinics
- Transitional services
- Stigma reduction