

**Tools to Empower Adolescent Moms (TEAM)**  
**List of Existing Inter-Professional Education Resources**  
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**AMERICAN ACADEMY OF PEDIATRICS**

[AAP Committee on Adolescent Health](#)

The Committee on Adolescence addresses the special health care needs of adolescents and promotes the pediatrician as their optimal source of health care. The Committee monitors and makes policy recommendations to the Board of Directors on issues surrounding vital adolescent health issues, including reproductive and sexual health care; identification and prevention of Chlamydia and other STIs; improving health care delivery in the juvenile correctional care system, and the provision of confidential health care services.

[AAP Committee on Adolescent Health Roster](#)

[AAP Section on Adolescent Health Web site](#)

Here you will find resources for your office, patients and families, as well as information about AAP adolescent health publications, initiatives and projects, as well as the latest news about what's going on in the field of adolescent health.

**RELEVANT AAP POLICIES:**

[Adolescent Pregnancy: Current Trends and Issues, July 2005, VOLUME 116 / ISSUE 1](#)

The purpose of this clinical report is to review current trends and issues related to adolescent pregnancy, update practitioners on this topic, and review legal and policy implications of concern to pediatricians.

[Addendum—Adolescent Pregnancy: Current Trends and Issues, May 2014, VOLUME 133 / ISSUE 5](#)

The purpose of this addendum is to update pediatricians and other professionals on recent research and data regarding adolescent sexuality, contraceptive use, and childbearing since publication of the original 2005 clinical report, "Adolescent Pregnancy: Current Trends and Issues."

[Care of Adolescent Parents and Their Children, December 2012, VOLUME 130 / ISSUE 6](#)

This clinical report updates a previous policy statement on care of the adolescent parent and their children and addresses medical and psychosocial risks specific to this population.

[Gynecologic Examination for Adolescents in the Pediatric Office Setting, September 2011, VOLUME 126 / ISSUE 3](#)

This report reviews the gynecologic examination, including indications for the pelvic examination in adolescents and the approach to this examination in the office setting. Indications for referral to a gynecologist are included.

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[Counseling the Adolescent About Pregnancy Options, May 1998, VOLUME 101 / ISSUE 5](#)

When consulted by a pregnant adolescent, pediatricians should be able to make a timely diagnosis and to help the adolescent understand her options and act on her decision to continue or terminate her pregnancy. Pediatricians may not impose their values on the decision-making process and should be prepared to support the adolescent in her decision or refer her to a physician who can.

[Contraception for Adolescents April 2016, VOLUME 137 / ISSUE 4](#)

Contraception is a pillar in reducing adolescent pregnancy rates. The American Academy of Pediatrics recommends that pediatricians develop a working knowledge of contraception to help adolescents reduce risks of and negative health consequences related to unintended pregnancy.

[Contraception and Adolescents, November 2007, VOLUME 120 / ISSUE 5](#)

This policy statement provides the pediatrician with updated information on contraception methods and guidelines for counseling adolescents.

[Screening for Nonviral Sexually Transmitted Infections in Adolescents and Young Adults, July 2014, VOLUME 134 / ISSUE 1](#)

The US Preventive Services Task Force and the Centers for Disease Control and Prevention have published chlamydia, gonorrhea, and syphilis screening guidelines that recommend screening those at risk on the basis of epidemiologic and clinical outcomes data. This policy statement specifically focuses on these curable, nonviral STIs and reviews the evidence for nonviral STI screening in adolescents, communicates the value of screening, and outlines recommendations for routine nonviral STI screening of adolescents.

[Emergency Contraception, December 2012, VOLUME 130 / ISSUE 6](#)

This policy focuses on pharmacologic methods of emergency contraception used within 120 hours of unprotected or underprotected coitus for the prevention of unintended pregnancy

[Emergency Contraception: Addendum, March 2014, VOLUME 133 / ISSUE 3](#)

This is an addendum to the American Academy of Pediatrics Policy Statement "Emergency Contraception" (*Pediatrics* 2012;130(6):1174–1182).

[Condom Use by Adolescents, November 2013, VOLUME 132 / ISSUE 5](#)

This policy statement has been developed to assist the pediatrician in understanding and supporting the use of condoms by their patients to prevent unintended pregnancies and STIs and address barriers to their use.

[Male Adolescent Sexual and Reproductive Health Care](#)

This report discusses specific issues related to male adolescents' sexual and reproductive health care in the context of primary care, including pubertal and sexual development, sexual behavior, consequences of sexual behavior, and methods of preventing sexually transmitted infections (including HIV) and pregnancy.

[Underinsurance of Adolescents: Recommendations for Improved Coverage of Preventive, Reproductive, and Behavioral Health Care Services, January 2009, VOLUME 123 / ISSUE 1](#)

The purpose of this policy statement is to address the serious underinsurance (ie, insurance that exists but is inadequate) problems affecting insured adolescents' access to needed preventive, reproductive, and behavioral health care. In addition, the statement addresses provider payment problems that disproportionately affect clinicians who care for adolescents.

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[Standards for Health Information Technology to Ensure Adolescent Privacy, November 2012, VOLUME 130 / ISSUE 5](#)

This policy statement reviews the challenges to privacy for adolescents posed by commercial health information technology systems and recommends basic principles for ideal electronic health record systems.

[Care of the Adolescent Sexual Assault Victim, June 2001, VOLUME 107 / ISSUE 6](#)

This new information mandates an updated knowledge base for pediatricians who care for adolescent patients. This statement provides that update, focusing on sexual assault and rape in the adolescent population.

**OTHER AAP RESOURCES:**

<http://search.aap.org/?source=aap.org&k=Adolescent%20Pregnancy>

**ILLINOIS CHAPTER, AMERICAN ACADEMY OF PEDIATRICS**

Training modules will be available soon on ICAAP's new Learning Management System opening July 2016. Visit <http://iccap.remote-learner.net> or contact Elsie Divinagracia for more information. [edivinagracia@illinoisAAP.com](mailto:edivinagracia@illinoisAAP.com)

Early Childhood/Child Development Foundational Training Modules for Tools to Empower Adolescent Moms (TEAM) Initiative

- Coordinating Care with Early Intervention
- Developmental Screening
- Social, Emotional and Autism Concerns
- Identifying Perinatal Maternal Depression During the Well-Child Visit
- Intimate Partner Violence and its Effects on Children
- Incorporating Bright Futures into Primary Care Practice
- Trauma Informed Medical Home: Fostering Strengths and Resilience

Transitioning Youth to Adult Care within Patient Centered Medical Home

- Transitioning Youth to Adult Health Care for Adult Providers
- Transitioning Youth to Adult Health Care for Pediatric Providers

Nutrition and Obesity Prevention

- Nutrition for Obesity Prevention and Treatment
- Community Resources for Health and Wellness

Oral Health

- Bright Smiles from Birth
- Community Pediatrics in Action Video, Sonrisas Saludables / Healthy Smiles Community Health Project <https://www.youtube.com/watch?v=VAIs0oV4xKI&feature=youtu.be>

Prevention

- Tobacco Cessation

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Driving Safety  
Incorporating Bright Futures into Pediatric Care

#### Public Education

Family Professional Partnerships Webinar

### **AMERICAN MEDICAL ASSOCIATION**

#### **GUIDELINES FOR ADOLESCENT PREVENTIVE SERVICES**

##### **PREVENTIVE SERVICE RECOMMENDATIONS FOR ADOLESCENTS:**

The purpose of preventive services is to reduce serious morbidity and premature mortality both during adolescence and in later years. Preventive services typically fall into four categories: screening, counseling to reduce risk, providing immunizations, and giving general health guidance. In addition, a recommendation for how frequently routine visits should occur usually is included. Various organizations have developed or revised guidelines that are designed to enable practitioners to identify and address specific health problems and behaviors that cause the greatest burden of suffering among adolescents: The United States Preventive Services Task Force (USPSTF) – Guide to Clinical Preventive Services and Guidelines for Adolescent Preventive Services (GAPS) developed by the AMA can be found here:

<http://www.uptodate.com/contents/guidelines-for-adolescent-preventive-services>

### **AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS**

Founded in 1951, the American College of Obstetricians and Gynecologists (The College) is the specialty's premier professional membership organization dedicated to the improvement of women's health.

##### **RELEVANT ACOG POLICIES AND JOURNAL ARTICLES OF INTEREST:**

#### **[Committee on Adolescent Health Care Opinion: The Initial Reproductive Health Visit](#)**

The initial reproductive health visit provides an excellent opportunity for the obstetrician-gynecologist to start a patient-physician relationship, build trust, and counsel patients and parents regarding health behavior while dispelling myths and fears.

#### **[ILLINOIS ACOG](#)**

Find resources tailored specifically to Illinois at this page.

#### **[Journal of Adolescent Health: Factors Associated With Provision of Long-Acting Reversible Contraception Among Adolescent Health Care Providers](#)**

Increased long acting reversible contraception (LARC) use may help mitigate the ongoing problem of unintended adolescent pregnancy. This study implies that the limited number of physicians offering LARC to teens poses a barrier to adolescents' access and utilization. Procedural women's health training predicted LARC provision, suggesting provider training improves adolescents' access to LARC services.

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**[Journal of Pediatrics: Clinician Adherence to Recommendations for Screening of Adolescents for Sexual Activity and Sexually Transmitted Infection/Human Immunodeficiency Virus](#)**

The primary objective of this study was to measure the frequencies of documentation of sexual history and screening for STI and HIV by clinicians during routine adolescent well visits across a diverse group of pediatric primary care practices. The secondary objective was to identify patient and clinician factors associated with these practices.

**[PEDIATRICS: Current Pediatrician Practices in Identifying High-risk Behaviors of Adolescents](#)**

This survey of Pediatricians providing care to adolescents indicates that sexually active adolescents are more likely to be tested for sexually transmitted infections, and that most pediatricians do not routinely address HIV testing, or homosexuality/sexual identity.

**TRAINING CURRICULA**

Hanging Out or Hooking Up: An Integrated Approach to Prevention and Intervention: A Train the Trainers Curriculum on Responding to Adolescent Relationship Abuse by Elizabeth Miller, MD, PhD, Rebecca Levenson, MA, Erica Monasterio, MN, FNP-BC, and Virginia Duplessis, MSW. Produced by Futures Without Violence c2014. This is part of Project Connect: A Coordinated Public Health Initiative to Prevent and Respond to Violence Against Women Funded by the U.S. Department of Health and Human Services' Office on Women's Health and the Administration for Children and Families, Family Violence and Services Program. This training program is adaptable and has been developed to assist health care providers in enhancing their skills working with youth to promote healthy relationships, assess for and respond to adolescent relationship abuse. Below is a link to a webinar that provides an overview of the in person training; <https://hrsa.connectsolutions.com/p28tlb8kmno/>

Trainer: Susan Pieters, MA, ICDVP, Healthcare Education Coordinator

Between Friends

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Fax: 773-262-2543

[www.betweenfriendschicago.org](http://www.betweenfriendschicago.org)

**COMMUNITY-BASED ORGANIZATIONS/RESOURCES**

**[TUESDAYS CHILD CHICAGO](#)**

Tuesday's Child helps families address behavioral issues through individualized training for both parents and children. Our evidence-based program centers on an individualized approach that enables our team to address each family's specific situation.

**[BEDSIDER: NATIONAL CAMPAIGN TO PREVENT TEEN PREGNANCY](#)**

Bedsider is an online birth control support network for women 18-29 operated by [The National Campaign to Prevent Teen and Unplanned Pregnancy](#), a private non-profit organization. Their goal is to help women find the method of birth control that's right for them and learn how to use it consistently and effectively, and that's it.

**[CENTER FOR YOUNG WOMEN'S HEALTH](#)**

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The Center is an educational entity that is committed to providing teen girls and young women with carefully researched health information, educational programs, and conferences. We want to empower teen girls and young women around the world to take an active role in their own health care.

**[HEALTHYCHICAGOBABIES.ORG](http://HEALTHYCHICAGOBABIES.ORG)**

This is a new website from the Chicago Department of Public Health (CDPH) launched summer 2016 that aims to fill unmet maternal child health (MCH) needs for Chicago families. Specifically, the resources page (which you can link to from [healthychicagobabies.org](http://healthychicagobabies.org) or directly here, [resources.healthychicagobabies.org](http://resources.healthychicagobabies.org), is a comprehensive resource guide for many MCH services in the city (not just health care). CDPH hopes pediatricians will find this tool useful in their everyday practice to connect patients and families with resources in their communities.

**[CDC: TEEN PREGNANCY](#)**

The CDC has information for teens, parents, and health care providers on teen pregnancy and pregnancy prevention.

**[HEALTHY TEEN NETWORK](#)**

Healthy Teen Network promotes better outcomes for adolescents and young adults by advancing social change, cultivating innovation, and strengthening youth-supporting professionals and organizations.

**[PLANNED PARENTHOOD INFO FOR TEENS](#)**

Planned Parenthood has information for teens on sex, reproductive health, birth control, abortion, sexual orientation, STDs, and a health center locator. There are also resources for parents and educators.

**ADVOCACY AND LEGISLATION**

**Confidentiality** HB 887 – Confidential Health Information in Insurance, Rep. Ann Williams, allows insured individuals to request confidential communications from their health insurance plan in order to maintain privacy for certain sensitive health services.