



**Tools to Empower Adolescent Moms (TEAM)
Professional Development Committee (PDC)
ICAAP Office, 1400 W Hubbard, Suite 100, Chicago, IL
Meeting Minutes
Thursday, July 28, 2016 8-9:30 AM**

Committee Members Present:

Sara Parvinian, MD, FAAP, Chair
Karen Bernstein, MD, MPH
Lisa Masinter, MD, MPH, MS
Kate O'Rourke
Julie Slavish

Committee Members Not Present:

Denise R. Cunill, MD, FAAP
Marjorie Fujara MD, FAAP
Alisa Seo-Lee, MD, FAAP (on maternity leave)

Staff:

Juanona Brewster, MDiv, MTS, MJ
Elsie Divinagracia, MPH
Elise Groenewegen
Kathy Sanabria, MBA, PMP

Welcome

The second Tools to Empower Adolescent Moms (TEAM) Professional Development Committee (PDC) meeting took place Thursday, July 28th, at 8-9:30 AM. Dr Parvinian welcomed everyone present, including those on the conference call. The committee was provided minutes from its January 27, 2016 meeting as well as the roster of the expanded committee and directive. There is now a wide representation of the city of Chicago and different types of physicians. The committee is looking for a nurse who can be actively engaged in the committee. It was also suggested that a representative from the pilot clinics be invited to serve on the PDC. Ms Sanabria went over previous action items, Dr Parvinian motioned the approval of the minutes, and Ms Slavish seconded. The minutes were approved as written.

Year 1 PDC Activity Report:

Project staff spent time reviewing activities outlined in a year one progress report. The goal for the Professional Development Committee (PDC) is to focus on the ability of all medical providers to enhance the wellness of the family including both the child(ren) and parents. TEAM will provide training, consistent with the Bright Futures guidelines and AAP Policy. This will include increasing awareness, integration and coordination of services for adolescent maternal health and wellness during the prenatal and neonatal period, and services for pediatric health and wellness.

Accomplishment Year 1

Beginning in September 2015, Kathy and Elsie, who are responsible for ICAAP's Continuing Medical Education (CME) and quality improvement (QI) program oriented themselves to the project and work plan and reviewed policy and articles on adolescent pregnancy. Recruitment for PDC members began October 2015 with initial efforts to solicit physicians. Recruitment for an additional part-time TEAM PDC staff member began in November with new staff member Elsie Divinagracia, MPH, hired January 4, 2016. The PDC held a kick-off conference call January 27, 2016. Sara Parvinian, MD, FAAP, agreed to chair the PDC. Other physician members include: Karen Bernstein, MD, MPH (adolescent medicine); Denise Cunill, MD, FAAP (pediatrics); Marjorie Fujara, MD, FAAP (pediatrics and foster care); and Alisa Seo-Lee, MD, FAAP (meds-peds). The composition of PDC was expanded in January to also include community members.

PDC staff and a few committee members participated with Ms. Brewster in developing a provider survey on attitudes related to adolescent pregnancy and professional development training methods. Staff and PDC members attended a meeting March 21, 2016 to review survey results. On May 5, 2016 ICAAP staff met with Lisa Masinter, MD, MPH, OB/Gyn, Medical Director, Bureau of Maternal, Infant, Child and Adolescent Health with the Chicago Department of Public Health to discuss TEAM initiative. Dr. Masinter joined the PDC representing the CDPH. Project staff developed a bibliography of resources to support pregnant and/or parenting teens to be provided to the PDC in July for review and expansion. Staff surveyed ICAAP members and others about preferred methods of receiving provider training. Highest ranked modalities include CME and CE approved: online trainings, live conferences, webinars, practice coaching, QI facilitation and information on community resources. From January to June, ICAAP staff designed a new learning management system (LMS) to support Chapter and TEAM education.

In addition, the first year was spent identifying pilot communities (Logan Square, Austin, and Lawndale) and gaining permission from the IL Department of Healthcare and Family Services (HFS) to use the previously developed Enhancing Developmentally Oriented Primary Care Project (EDOPC) training modules and tweak them for providers so they are relevant not only to all moms, but also to adolescent moms. The plan is to update the modules as needed, apply for CME/CE credits and make them available to providers for free, utilizing TEAM grant funds, on ICAAP's LMS. We have also been working on identifying other trainings and resources for the providers and families based on identified gaps.

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The new bibliography for providers and patients contains links to different resources that we found while researching, what already exists and is available. If there are any other resources we can use, please forward them to Kathy and Elsie.

ACTION: Members of the PDC will forward to Kathy or Elsie resources to be added to the teen bibliography.

Year 1 TEAM Project Report:

The Community Engagement and People Safe Places committees also had a year of planning, community engagement, and spreading the word about TEAM within the communities. In the pilot communities, the group asked: where are the gaps and strengths, what should the next steps be? Also, the group has been meeting with previous partners, and looking for ways to partner with other organizations that are doing similar things. The TEAM meeting in March consisted of more recruitment, and a review of survey results, with the main points being that doctors are still uncomfortable discussing sex and a gap to fill is to provide training around this barrier.

Next steps include: host open forums in communities to talk about what the priorities are for families and community. In order for the forums to be led and facilitated by the community, TEAM will provide training for those leaders.

Healthy Chicago Babies and Connect 4 Tots

Dr Lisa Masinter, an ob/gyn from the Chicago Department of Public Health (CDPH) is a new member of the TEAM PDC. With her help, the PDC has developed a new partnership with the CDPH. The Healthy Chicago Babies initiative was developed because of gaps found in resources for providers to make referrals to community resources – physicians, public health, nursing – local maternal health services – to education, healthcare, and home visiting. The site now serves as a resource guide for those providers and community health workers. The CDPH has also been reaching out to local community centers to reach the target audience in order to get the teens into health care as soon as possible.

Connect 4 Tots

Connect4Tots is a text-message service for parents and guardians of toddlers ages one to three years sponsored by the City of Chicago and University of Chicago Urban Labs. The purpose is to connect Chicago-area parents and guardians to resources, home health services, public assistance enrollment, and early-learning.

Using Social Media to Reach Teen Moms:

The group is looking into several methods to reach teen moms using social media. This includes using ICAAP as a foundation to target more teen moms than providers, using ICAAP's Facebook, but also with the help of interns, moving more into twitter and other social media. There may not be a need for a separate website, but it can be designed to look to be a standalone project. Using smartphones, etc and verbiage targeted for teens, social media is a way to rapidly disseminate targeted messages. The PDC agreed this needs to be thoughtful and care must be taken to not imply "endorsing" resources.

New LMS and EDOPC modules

ICAAPs's new LMS launched a few months ago, which was a large improvement on the previous system. The PDC now has the permission necessary to re-purpose the modules formerly known as the EDOPC Program. These include:

- 1) Developmental Screening and Referral
- 2) Identifying Perinatal Maternal Depression During the Well-Child Visit
- 3) Incorporating Bright Futures into Primary care Practice
- 4) Intimate Partner Violence and its Effects on Children
- 5) Social, Emotional and Autism Concerns
- 6) Trauma-Informed Medical Home: Fostering Strengths and Resilience

Our goals now are to determine how to add messages directed for teen moms. To do so, we will utilize the expertise of the PDC, staff, and their experiences to ensure that teen moms get support messages.

ACTION: The PDS, project staff and other providers will review trainings as they exist, and give feedback on how to emphasize outreach to teens. Will also determine the gaps of these training and recommend what other trainings we need to fill those gaps.

Other possible trainings discussed include: partnering with Lurie Children's Hospital about providers encouraging adolescent moms to breastfeed, adolescent brain development, (trainings are being built from recent research), and more counseling on sexual health, puberty, etc.

ACTION: Set up a subgroup of pediatricians and come up with outline of topics and how can we develop meaningful trainings for providers and family physicians

Next Steps and Status:

1. Reach out to specific clinics in pilot area to identify what resources they need, and how we can help
2. Review EDOPC modules and redirect messages towards teen moms; update modules and get approval for CME/CE credits
3. Develop additional trainings to fill practice gaps
4. Work with pilot clinics to develop registry of teen moms or youth at risk of early pregnancy

The next PDC meeting will be held Thursday, December 1st, from 8-9:30 AM at ICAAP.