UPDATED BOOSTERS

THE VIRUS IS CONTINUOUSLY CHANGING, AND WE NEED TO CHANGE WITH IT!



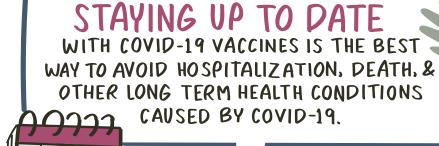
MRNA VACCINE INGREDIENTS ARE CLEARED FROM THE BODY VERY QUICKLY

THE BIVALENT COVID-19 VACCINE (OR UPDATED BOOSTER) HELPS GENERATE PROTECTION AGAINST TWO VARIANTS OF THE VIRUS.

THE ORIGINAL COVID-19 VIRUS

THE OMICRON

BA.4/5 VARIANT



YOU CAN GET BOTH YOUR

BOOSTER AND

OTHER VACCINES

YOU MAY NEED

AT THE SAME TIME!

THIS IS A GREAT IDEA!

TALK TO YOUR DOCTOR IF YOU HAVE QUESTIONS ABOUT UPDATED BOOSTERS.



BREATHING CHALLENGES

DISCOMFORT

MIGRAINES

LONG COVID CAN CAUSE A LOT OF HEALTH PROBLEMS

TIREDNESS <

> MENTAL HEALTH ISSUES

MILD SIDE EFFECTS

CARDIOVASCULAR ABNORMALITIES

FROM COVID-19 VACCINES CAN HAPPEN- THEY USUALLY DON'T LAST LONG

(SHORTER THAN GETTING SICK FROM COVID-19)

COVID-19 WAS THE THIRD LEADING CAUSE OF DEATH IN THE U.S. IN 2020 & 2021.

VACCINES HELP PROTECT AGAINST LONG COVID

TAKING TIME TO GET A VACCINE IS HARD

ASK ABOUT PAID TIME TO GET VACCINATED, AT HOME VACCINE PROGRAMS, OR GET VACCINATED WHILE YOU GROCERY SHOP!





GETTING VACCINATED IS ALSO FOR YOUR GRANDPARENT, YOUR VULNERABLE FRIEND OR BABIES



THEY HELP TRAIN THE IMMUNE SYSTEM IN CASE COVID-19 SHOWS UP

EVEN IF YOU HAVE HAD COVID AND IT WASN'T SO BAD, THERE IS NO GUARANTEE IT WILL BE MILD IF YOU GET IT AGAIN



GOTTEN THEIR PRIMARY DOSES.

