Illinois Partnership for Childhood Nutrition Security

Sponsored by the Illinois Chapter, American Academy of Pediatrics (ICAAP)
Illinois Chapter, American Academy of Pediatrics

- Non-profit, Chapter, American Academy of Pediatrics, project funder
- Headquartered in Chicago
- 2,100 + members statewide
- Mission – Promote and advocate for optimal child youth and family well-being and access to quality care
- CME, QI, public health, systems change, advocacy, collaboration

https://illinoisaap.org/
The purpose of the **Childhood Nutrition Security Project** is to foster collaboration between pediatricians, state food delivery, and family support partners to improve pediatrician food insecurity screening, referral mechanisms, and resource delivery to families.

The Partnership will create and implement a **collective impact plan** to advance childhood nutrition in Illinois.

[https://illinoisaap.org/childhood-nutrition-security/](https://illinoisaap.org/childhood-nutrition-security/)
ICAAP Food Security Work Group Team

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## Project Partners

### Government Agency
- Chicago Department of Public Health
- Chicago Public Schools
- Cook County Health
- Illinois Department of Human Services
- Illinois State Board of Education
- SNAP Education, University of Illinois Extension
- Tazewell County Health Department

### Healthcare System
- American Heart Association
- Ann and Robert H. Lurie Children's Hospital of Chicago
- Erie Family Health Center
- Esperanza Health Center

### Heartland Health Services
- Illinois Academy of Nutrition and Dietetics
- OSF Healthcare Children's Hospital of Illinois

### PCC Community Wellness Center
- Proviso Partners for Health: Veggie Rx
- UIC Office of Community Engagement and Neighborhood Health Partnership

### Local Food Initiative
- Chicago Food Policy Action Counsel
- Experimental Station
- Illinois 4-H Food Security Communities
- Peoria Grown

### Food Bank / Pantry
- Beyond Hunger
- Catholic Charities of Archdiocese of Chicago

### Feeding Illinois
- Greater Chicago Food Depository
- Marillac St. Vincent Family Services
- Midwest Food Bank

### Public Health
- Illinois Public Health Association
- Illinois Public Health Institute

### Home Visiting / Daycare
- Start Early
- Illinois Network of Child Care Resource and Referral Agencies
Overview of Collective Impact Plan Tasks

Dec Meeting #1
- Validate assets for promoting food security
- Identify best practices

Jan Meeting #2
- Prioritize best practices to pilot or scale
- Agree upon metrics and shared data
- Draft our collective plan

Feb/Mar Meeting #3
- Refine the collective impact plan
- Develop specific plans, outputs, and metrics
Today's Session Outline

Project Overview: 30 minutes
- Introductions
- Share from a Pediatrician's Lens
- Share from a Family's Lens
- Present Partner Survey Responses

Work Groups: 40 minutes
- Validate and add to Assets and Regional Footprint
- Validate and add to Best Practices
- Prioritize Next Steps for Improving Food Security
- If time: Identify Best practices to Next Steps

Summary: 20 minutes
Role of Pediatricians in Feeding Insecurity

- Pediatric practices in different settings
  - Private practice, academic-based practice, FQHC, hospital
- How frequently do pediatricians encounter children with feeding insecurity?
- What are the screening practices and recommendations?
- What are the difficulties that pediatricians face in their medical practice?
Family Advisor’s Experience in Navigating the System

WHO’S HUNGRY?

YOU CAN’T TELL BY LOOKING
Identification of Food Insecurity: 14/24 (58%) Screen

- Screening processes:
  - During registration/onboarding
  - Hunger Vital Sign questions
  - Screening tool within electronic medical record
  - Administer survey
  - Assessment with social worker, mental health provider, etc.
Referral platforms and databases used: Pieces Iris, NowPow, FoodMaps, 211

Other barriers:
- Families facing multiple social issues may have difficulty navigating all the resources
- Transportation, rural access to healthy foods
- Streamlining identification/referral processes
- Staff shortage, resources stretched thin, limited capacity to expand programming
- Staff not specialized to address food security
- Understanding the scope of food resources
- Farmer’s market often don’t operate year-round

Referral to Food Resources and Major Barriers: 13/24 (54%)
Refer or Follow-Up with Children/Families Experiencing FI

What are the major barriers to improving food security in your work?
**Healthcare Providers/Systems**

- Ann and Robert H. Lurie Children’s Hospital of Chicago
  - Address food needs among patients, CLOCC participates in food access and anti-hunger initiatives
- Cook County Health
  - Screens patients for food insecurity and connects to resources
- Erie Family Health Centers
  - Screen for SDOH and food insecurity
- Esperanza Health Center
- Heartland Health Services
  - Partner food pantry
- Loyola Health System
- PCC Wellness Center
  - Distribute patient vegetable boxes, linkage to agencies

**Schools, Early Childhood, Childcare, Faith-based Orgs**

- Chicago Public Schools
  - Serve meals at no cost and connect to public benefits
- Feeding Illinois
  - Hunger-relief programming and services, connecting to benefits

**Food Suppliers, Distributors, and Procurements**

- Beyond Hunger
  - Hunger-relief programming and services, connecting to benefits
- Chicago Public Schools (CPS)
  - Serve meals at no cost and connect to public benefits
- Feeding Illinois
  - Association/supporting food banks, food assistance programs
- Greater Chicago Food Depository
  - Hub for 700+ food pantries, and other programs
- Marillac St. Vincent Family Services
  - Offer food services (food pantry, meals) and advocacy
- Midwest Food Bank
  - Provide industry leading food relief
- Peoria Grown
  - Access and education to affordable fresh produce

**Food Security Promoters, Supporters, and Educators**

- American Health Association
  - Support community based organizations and healthcare providers
- Beyond Hunger
- Chicago Department of Public Health
  - System changes related to food programs, identify food insecurity
- Chicago Food Policy Action Council
- Chicago Public Schools
- Experimental Station
  - Provide funding, training, support to farmers markets, grocery stores to accept SNAP/Link
- Illinois 4-H
  - Food Action Academy Curriculum to engage Illinois youth
- Illinois Commission to End Hunger
- Illinois Public Health Association
- Illinois State Board of Education
- Illinois Network of Child Care Resource & Referral Agencies
  - Summer feeding program, providing accessible nutrition education
- Marillac St. Vincent Family Services
  - Proviso Partner for Health and Real Foods Collective
- Start Early
  - Head Start grantee, early learning program including nutrition education
- SNAP-Education, University of Illinois
- Tazewell County Health Department (TCHD)
  - Participate in nutrition programs as an agency
  - Convene HEAL Food System Partner (FSP) Collaborative

**Data/Knowledge/Resources**

- Chicago Food Policy Action Council
- Feeding Illinois
- Greater Chicago Food Depository
- Illinois Department of Human Services
  - Administer federal grants (SNAP, CSFP, TEFAP, WIC)
- Illinois Public Health Association: policy
- Illinois Public Health Institute
  - Promote best practices to improve food access for patients within healthcare systems and public health departments
- Illinois State Board of Education
  - Administers USDA Child Nutrition Program
- Marillac St. Vincent Family Services
- SNAP-Education, University of Illinois
  - Provide opportunities to improve nutrition, physical activity, food access, for SNAP eligible families
- Tazewell County Health Department/ HEAL FSP
- **Databases:** Now Pow/ Iris Pieces/ Finding Food IL/ Find Food/ United Us/ mRelief/ 211
Statewide
- American Heart Association
- Experimental Station
- Feeding Illinois
- Illinois 4-H
- Illinois Commission to End Hunger
- Illinois Department of Human Services
- Illinois Network of Child Care Resource & Referral Agencies
- Illinois Public Health Association
- Illinois State Board of Education
- Start Early
- SNAP Education, University of Illinois

Region 2: Midwest Food Bank, Tazewell County Health Department (Peoria, Tazewell, Woodford Counties)
- County-Level: Heartland Health Services (Peoria and Tazewell Counties)
- City-Level: Peoria Grown

Region 6: Beyond hunger (13 zipcodes of westside Chicago), Northern Illinois Food Bank (14 zip codes)

Region 7: Beyond Hunger, Cook County Health, Esperanza Health Center, Lurie Children’s Hospital of Chicago

Region 6/7: Erie Family Health Centers (Chicago, Evanston/Skokie, Waukegan)

Cook County: Chicago Food Policy Action Council, Greater Chicago Food Depository, Illinois Public Health Institute

City-Level: Chicago Department of Public Health, Chicago Public Schools, Marillac St. Vincent Family Services, PCC Community Wellness Center

Eastern Illinois Food Bank

[Map with regions and organizations marked]
Statewide

- American Heart Association
- Experimental Station
- Feeding Illinois
- Illinois 4-H
- **Illinois Commission to End Hunger**
- Illinois Department of Human Services
- Illinois Network of Child Care Resource & Referral Agencies
- Illinois Public Health Association
- Illinois State Board of Education
- Start Early
- SNAP Education, University of Illinois

Who are we missing?
Who else should be invited to the table?

[Map of Illinois with areas highlighted](https://map.feedingamerica.org/county/2019/child/illinois)
<table>
<thead>
<tr>
<th>Healthcare/Good Nutrition</th>
<th>Community Connections</th>
<th>Resources</th>
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</table>
| Social Determinants Screening and linkages  
  - Voucher Program (healthcare and community collaboration) | Partnerships  
  - Housing Authority  
  - Summer Feeding programs  
  - Services to children living in low-income households | SNAP, ISBE sponsored training |
| Staff Competency  
  (Screening and enrollment referrals) | Improving Access  
  - On-Site Produce Boxes (e.g. pregnant women and children)  
  - Home Delivered Meals/Food  
  - Mobile Pantries  
  - Produce Pop-ups | 4-H Action academy curriculum and food security services projects |
| Increased Nutrition of Inventory Guideline Adoption  
  (Foodbanks/Pantry) | Community Voice  
  - 4-H thrive model emphasis on youth voice | Expand family online resources for food |

*Examples are listed by bullet points*
## Better Collaboration

<table>
<thead>
<tr>
<th>What we do</th>
<th>How we do it</th>
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<tr>
<td>Universal FI Screening</td>
<td>Pilot projects before scaling</td>
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<tr>
<td>Improve partnerships and referral systems (connecting those with FI?)</td>
<td>Adaptable shared evaluation models that do not burden partners</td>
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<td>Prioritize good nutrition</td>
<td>Communicating and collaborating on existing nutrition efforts (don’t recreate the wheel)</td>
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<td>Support families with education on financial stability and nutrition</td>
<td>Intentional data collection and tracking</td>
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<td>Develop information sharing platform (alternative to email listservs)</td>
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<td>Generate more work groups to establish action plans</td>
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<tr>
<td>Next Steps</td>
<td>Processes</td>
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<td>Improve consistency/alignment of identification, resource coordination, and provisions</td>
<td>Build grassroots partnerships including local culturally diverse growers and producers, retailers, mutual aid groups, food rescue partners</td>
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<td>Have youth at the table to ensure approaches are developmentally and culturally appropriate</td>
<td>Create common portal for food assistance resources – Streamline/centralize resources</td>
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<td>Utilize existing infrastructure to better serve children</td>
<td>Overcome transportation barriers by offering more local food options</td>
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<tr>
<td>Statewide Collaboration</td>
<td>Increase quality/nutritious food</td>
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- Best Practices
- Opportunities
- Next Steps
1) Please respond to our doodle for the next 2 meeting dates
2) We will send out our collective edits and summaries
3) Please think about what should be prioritized to pilot or scale as part of our collective plan

Dec Meeting #1
• Validate assets for promoting food security
• Identify best practices

Jan Meeting #2
• Prioritize best practices to pilot or scale
• Agree upon metrics and shared data
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Thank you!