

Bivalent COVID-19 Boosters

What You Need to Know

What is a bivalent COVID-19 booster?

The bivalent vaccine contains mRNA of two specific strains (or variants) of COVID-19.

1. The original COVID-19 virus.
2. The Omicron BA.4/5 variant, which has caused the majority of cases in the U.S. recently.

Why do we need boosters/bivalent boosters?

For more protection from COVID-19. Each booster helps to give longer protection. The COVID-19 virus has changed since the vaccines first came out and we now have the Omicron strain. A bivalent vaccine will provide even more protection against current and future strains of the virus related to Omicron.

Who can get a bivalent booster?

We will know details soon but, it will likely be for those who have completed their primary series and those:

- 12 years and older will be able to get a Pfizer bivalent booster,
- 18 years and older will be able to get a Moderna bivalent booster.

What is the dose of the bivalent booster?

Moderna's is a 50 microgram dose (same as other Moderna boosters for those 18 years and older). Pfizer's is a 30 microgram dose (same as primary series and other boosters for those 12 years and older). Approval is pending.

Why should I get a bivalent booster?

Cases are probably going to increase this winter due to more time spent inside and fewer masking requirements. The virus is continuously changing and we have to change with it! Staying up to date with vaccines is the best way to avoid hospitalization, death, and other long term health conditions that we know COVID-19 can and does cause.

What if I already got a booster?

You will still be able to get this booster. You may have to wait a certain amount of time since your last dose (primary or booster).



AS OF 8/29/22 - APPROVAL IS PENDING