2022–23 Flu Season Toolkit

Illinois Chapter
American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®
What is in this toolkit

- **Resources**
  Links to American Academy of Pediatrics (AAP) and Centers for Disease Control and Prevention (CDC) recommendations, screening check lists & standing orders, information for families, and more!

- **Summaries**
  Number of Doses for children 6 months through 8 years; Approved ages and dose volumes for intramuscular influenza vaccines (IIV4s and RIV4); and Vaccination of Persons with COVID-19.

- **Outreach Materials**
  Sample social media messages, links to 30 ready to go social media images and a poster.
Resources

**CDC**
- Influenza Vaccination: A Summary for Clinicians
- Seasonal Influenza Vaccine Safety
- U.S. Virologic Surveillance

**ACIP Recommendations 2022-2023**
- Summary of Recommendations
- Available Influenza Vaccines, Age Indications, Dosage and Administration, and Contraindications and Precautions

**American Academy of Pediatrics Guidance**
- Red Book Online Influenza News & Resources
- Patient Care Influenza
- Policy Statement: Recommendations for Prevention & Control of Influenza in Children
- Technical Report: Recommendations for Prevention & Control of Influenza in Children
- AAP News: New AAP recommendations address flu vaccine guidance for 2022-'23 season
Resources

Immunize.org

Standing orders for Administering Influenza Vaccine to Children and Teens

Screening Checklist for Contraindications to Inactivated Injectable Influenza Vaccination

Screening Checklist for Contraindications to Live Attenuated Intranasal Influenza Vaccination

More from the CDC

Frequently Asked Influenza (Flu) Questions: 2022-2023 Season

What’s New

For Families

HealthyChildren.org

ICAAP Family Resources

Children’s Hospital of Philadelphia

CDC Prevent Seasonal Flu
Number of Doses for Children 6 Months through 8 Years

Determine the number of doses needed based on child’s age at time of first dose of 2022–23 influenza vaccine and number of doses of influenza vaccine received in previous seasons.

- For children aged 8 years who require 2 doses, both doses should be administered even if the child turns 9 between dose 1 and dose 2.
- Persons aged ≥9 years need only one dose.

Directly from Summary of Recommendations
Approved ages and dose volumes for intramuscular influenza vaccines (IIV4s and RIV4):

- The approved dose volume per the package insert for Fluzone Quadrivalent is either 0.25 mL or 0.5 mL for ages 6 through 35 months. However, 0.25 mL prefilled syringes are not available.
- If a dose less than the necessary volume is administered:
  - If the error is discovered immediately (before the recipient has left the vaccination setting), administer the remaining additional volume needed.
  - If it is difficult to measure the remaining needed volume, or if the error is discovered after the recipient has left the vaccination setting, administer a repeat full dose.
  - Healthy non-pregnant persons aged 2 through 49 years may alternatively receive 0.2 mL of LAIV4, 0.1 mL per nostril, using the supplied intranasal sprayer (Table 3).

Directly from Summary of Recommendations.

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Approved Ages</th>
<th>Dose volume</th>
</tr>
</thead>
<tbody>
<tr>
<td>Afluria Quadrivalent</td>
<td>6 through 35 months ≥3 years</td>
<td>0.25 mL 0.5 mL</td>
</tr>
<tr>
<td>Fluarix Quadrivalent</td>
<td>≥6 months</td>
<td>0.5 mL</td>
</tr>
<tr>
<td>FluLaval Quadrivalent</td>
<td>≥6 months</td>
<td>0.5 mL</td>
</tr>
<tr>
<td>Fluzone Quadrivalent</td>
<td>6 through 35 months ≥3 years</td>
<td>0.5 mL (see below) 0.5 mL</td>
</tr>
<tr>
<td>Flucelvax Quadrivalent</td>
<td>≥6 months</td>
<td>0.5 mL</td>
</tr>
<tr>
<td>Flublok Quadrivalent</td>
<td>≥18 years</td>
<td>0.5 mL</td>
</tr>
<tr>
<td>Fluzone High-Dose Quadrivalent</td>
<td>≥65 years</td>
<td>0.7 mL</td>
</tr>
<tr>
<td>Fluad Quadrivalent</td>
<td>≥65 years</td>
<td>0.5 mL</td>
</tr>
</tbody>
</table>
Persons in isolation for COVID-19 or in quarantine for known or suspected exposures should not be vaccinated if vaccination will pose an exposure risk to others in the vaccination setting.

For persons who are moderately or severely ill, vaccination should be deferred until they have recovered.

For persons who are mildly ill or asymptomatic, deferral might be considered to avoid confusing COVID-19 illness symptoms with post vaccination reactions.
SAMPLE SOCIAL MEDIA MESSAGES

- Flu vaccination is recommended for everyone 6 months and older every year.
- Flu shots and nasal spray flu vaccines are available.
- Make sure young children and children with certain long-term health issues get vaccinated.
- People who care for children at high risk for illness from flu should make sure they are vaccinated.
- Flu viruses change, which is why a flu shot every year is important.
- Over missing work, school and social events? Us too! Get vaccinated to help you stay healthy this flu season.
- The best time to get a flu vaccine is September or October, but it's never too late to get one!
- Flu vaccines can keep you and your child from getting sick.
- Flu vaccines help keep you and your child out of the hospital from flu.
- A flu vaccine helps to strengthen your child's immune system.
- Flu vaccination can make your child's illness milder (easier) if they do get sick from flu.
- Why risk it? Get your child their flu vaccine.
- Holidays should be fun! Do what you can to make sure the flu doesn't ruin it.
- You protect your child from so much, let vaccines protect them from the flu.
- Influenza (AKA the flu) is a contagious respiratory illness that infects the nose, throat and lungs.
- Influenza (AKA the flu) is caused by influenza viruses.
- Getting your child their flu vaccine every year is the strongest step you can take to protect them this flu season!
- Sure was nice not having much of a flu season during COVID-19. Let's do what we can to keep it that way and get vaccinated!
- Get your flu vaccine and COVID-19 vaccines at the same time this year!
30 SOCIAL MEDIA IMAGES + A POSTER READY FOR USE

DOWNLOAD HERE

Or follow us and reshare our posts!

@illinoisaap

PREVENTING THE FLU HELPS...

Limit the number of missed school days because of flu-like symptoms

Flu vaccines help prevent missed school days, family time, sports, play dates

DO YOU?

The flu can make it harder to control blood sugar levels for people with diabetes.

Schedule your child's flu shot today.

October means it's time for smiles, pumpkins, candy corn, flu protection.

Say boo to the flu. Get vaccinated.