

# NATIONAL CHILDREN'S DENTAL HEALTH MONTH



A project of the Illinois Chapter of  
the American Academy of Pediatrics

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## Social Media Images & Video



Download these and more [here](#)

## Social Media Messages

Any Image

- For more information on taking care of your child's teeth, visit [healthychildren.org](https://healthychildren.org).
- Taking care of teeth starts early!

Image 3:

- Children will do what you do! Show them good habits by brushing and flossing your teeth twice a day and visiting the dentist regularly.
- Make sure your child's toothpaste has fluoride in it.

Image 4:

- Ask your pediatrician about finding a dentist for your child.

Image 5-7:

- Healthy baby teeth also help with learning to talk and social development.

Image 8:

- Ask your child's doctor or dentist about fluoride varnish for your child.

Image 9:

- To help keep your child's teeth healthy, do not put anything in your child's mouth that has been in your mouth (cups, spoons, pacifiers, etc.). Rinse items with water instead.

Image 10-11:

- You'll need one pea size amount of toothpaste for children 6 years of age.

Image 12-13:

- Even young children can get cavities - they can be painful and expensive to treat.
- Eating a healthy well-rounded diet can help prevent cavities!

The theme for 2023 is Brush, Floss, Smile. More resources from the ADA are [here](#).

# Oral Health Resources

## From the American Academy of Pediatrics:

- [Oral Health Risk Assessment Timing and Establishment of the Dental Home \(2003, ret 2015\)](#)
- [Preventive Oral Health Intervention for Pediatricians \(2008\)](#)
- [Early Childhood Caries in Indigenous Communities \(2010/2021\)](#)
- [Oral Health Care for Children with Developmental Disabilities \(2013/2018\)](#)
- [Maintaining and Improving the Oral Health of Young Children \(2014/2019\)](#)
- [Fluoride Use in Caries Prevention in the Primary Care Setting \(2014/2020\)](#)
- [Road map for oral health: AAP report outlines pediatricians' role in prevention](#)
- [Updated Recommendations on Maintaining, Improving Children's Oral Health](#)
- [Bright Futures Oral Health](#)
- [Bright Futures Oral Health: Pocket Guide](#)
- [Payment for Oral Health Services](#)

## Additional Clinical Resources:

- **Illinois Chapter, American Academy of Pediatrics:** [Oral Health Page](#)
- **Illinois Department of Public Health:** [Oral Health Page](#)
  - [Oral Health Plan IV](#)
  - [Health Smiles Health Growth Report 2018-19](#)
- **Illinois Department of Health and Family Services:** [Website](#)
- **American Academy of Pediatric Dentistry:** [Website](#)
- **Oral Health in Illinois:** [Oral Health for Children](#)
- **US Preventive Services Taskforce:** [Prevention of Dental Caries in Children Younger Than 5 Years: Screening and Interventions](#)
- **North Carolina Department of Health and Human Services:** [Into the Mouths of Babes](#)
- **University at Albany:** [Applying Fluoride Varnish in the Medical Setting for Local Health Departments](#)
- **Smiles for Life:** [Website](#)
- **Campaign for Dental Health:** [Website](#)
- **Project Echo:** [Social Determinants of Oral Health](#)

## For Families:

- **Illinois Chapter, American Academy of Pediatrics:** [Oral Health Page](#)
- **HealthyChildren:** [Good Oral Health Starts Early, AAP Policy Explained](#)
- **CDC:** [My Water's Fluoride](#)



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