This week calls to attention the importance of adolescent immunization and staying up to date on recommended vaccines. In this toolkit, you will find:

- Provider Resources
- Patient Resources
- Recommended Schedules
- Social Media Images and Messaging

APRIL 3 to 7, 2023
RESOURCES FOR PROVIDERS

IL Vaccinates Against COVID-19
COVID-19 vaccines are on the ACIP recommended vaccine schedules.

2023 Immunization Schedule 0-18

2023 Immunization Schedule 19+

ICAAP Provider Page
Find webinar recordings, infographics, tips for supporting teens in conversations with parents, and more!

- Tips for Supporting Teens
- Cervical Cancer Awareness Toolkit
- The Role You Play in Vaccinating Infographic
- Webinar: Vaccination Back-to-Basics

IL Vaccinates Against COVID-19
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- Commercialization FAQs
- FAQs on Bivalent Vaccines
- Scheduling and Dosing Charts
- Implementation Toolkit
RESOURCES FOR PATIENTS

ICAAP Family Resources
Educational posters, FAQs, & more!

- Tips for Talking to Your Parents
- Tips and Tricks to get through the Needlestick
- Childhood Immunizations Infographic
- COVID-19 Vaccine Q&A

Vaccines 101
Back to basics on vaccines.

- Vaccine Preventable Diseases
- Vaccine Basics for Teens
- Easy-to-Follow Schedules
- Resources for Kids and Teens
Your teen can get vaccinated during a physical exam required for school, sports, or camp.

If your teen is missing any recommended vaccines, talk to their doctor or nurse about getting them caught up.

Vaccines have been carefully studied and are very safe.

Adolescent Immunization Action Week is April 3rd – 7th. This is a great time to get your teen up to date on vaccinations.

Spring into action! Make sure your teen is up-to-date on all their vaccines, including COVID-19.

Most health insurance plans cover routine vaccinations - if you don’t have coverage or enough coverage for your teen, see if you qualify for the Vaccines for Children program.

Help protect grandparents, newborns and those with health conditions that put them at higher risk for severe illness - get your teen vaccinated.

Everyone in our community deserves to be healthy, and part of being healthy means getting vaccinated.

When a community is vaccinated, it means that all of us are more likely to be healthy!

Vaccines are timed to help protect your teen before they may be exposed to certain viruses.

Vaccines are good for a teen's long-term health!

Vaccines are like roadmaps for your teen's immune system - they contains information to improve their body's performance.
SAMPLE SOCIAL MEDIA IMAGES

QUALITIES OF VACCINES FOR TEENS

EFFECTIVE
against severe disease, complications, and death

SELFLESS
in that they help us to protect those who cannot be vaccinated or are too young

PROTECTIVE
from potentially harmful diseases

IT'S NEVER TOO LATE TO CATCH UP ON VACCINATIONS

PROTECT YOUR TEEN
KEEP THEM UP TO DATE WITH THEIR IMMUNIZATIONS

DON'T LET THEM FALL BEHIND
Make sure your teen has all their recommended vaccinations.
**COVID-19 Vaccines**

These vaccines are proven to prevent severe illness, death and long COVID-19.

The studies on safety of COVID-19 vaccines were not rushed; they were well-funded (meaning they had a lot of money available quicker than other studies) so steps could happen at the same time vs. waiting.

A person who has been vaccinated:

- Might still get sick, but is much less likely to get severely sick, become hospitalized, or die.
- May be sick for a shorter amount of time.
- Maybe not have to quarantine, miss school or other activities.
- Is protecting themselves and loved ones from COVID-19 (grandparents, infants, immunocompromised)

Visit the websites below to learn more about COVID-19 and other vaccines, so you are prepared for a conversation with your parents.

**Share your perspective:**

- How does not having a COVID-19 vaccine make you feel?
- What areas of your life will not being vaccinated change or impact?

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**Tips for Talking with Your Parents or Guardians about Vaccines**

It might be that your parents or guardians are unsure about vaccines. Perhaps you would like to be able to talk to them about this in a way that is helpful to both of you.

Well, that is what this handout is for.

**Find a time when everyone is free**, when there isn’t anything stressful going on, and no one is distracted (e.g. not during a car ride).

**Talk about how you are feeling** — your concerns, your hopes, why this is important to you.

**Present the facts:**

There is medical and scientific evidence that show vaccines are safe and effective.

Vaccines and the possible short-term side effects (sore arm, headache, fever, etc.) from them are much less dangerous than vaccine-preventable diseases and their potential long-term effects.

The Human Papillomavirus (HPV) vaccine can prevent cancer! It is important to be vaccinated before being exposed to HPV.

All major religions support vaccines! You can visit whyimmunize.org/religion-and-vaccines to learn more about what religions and vaccines.

Vaccines don’t just help protect you, but they protect those around them (babies, immunocompromised friends/family, those who can’t get vaccines, older people/grandparents, etc.).

**Listen to your parents’ concerns** and learn about why they feel how they do.

**Don’t fight** — if the conversation isn’t going well, try again another time.

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**For additional resources and information about minor consent laws, scan the QR code or visit:**

illinoisaap.org/family-immunization-resources
Consejos para hablar con tus padres o tutores sobre las vacunas.

Puede ser que tus padres o tutores no estén seguros de las vacunas. Quizás le gustaría hablar con ellos sobre esto en una manera que sea útil para todos. Pues, para eso es este folleto.

Encuentre tiempo cuando todos estén libres, cuando no haya nada estresante, y nadie sea distraído (por ejemplo, no durante un viaje en coche).

Hable sobre cómo te sientes – tus preocupaciones, tus esperanzas, por que esto es importante para ti.

Presenta los datos:
Hay evidencia médica y científica que demuestra que las vacunas son seguras y efectivas.

Las vacunas y los posibles efectos a corto plazo (dolor de brazo, dolor de cabeza, fiebre, etc.) de ellas son mucho menos peligrosas que las enfermedades que son evitables por las vacunas y sus posibles efectos a largo plazo.

¡La vacuna contra el virus del papiloma humano (VPH) puede evitar el cáncer! Es importante vacunarse antes de exponerse al VPH.

Todas las religiones principales apoyan las vacunas. Puedes visitar whyimmunize.org/religion-and-vaccines para aprender más sobre cuales religiones y cuales vacunas.

Las vacunas no protegen solamente a ti, sino a los más cercanos (bebés, amigos y familia con inmunodepresión, los que no pueden recibir las vacunas, los mayores/abuelos etc.).

Escuche las preocupaciones de tus padres y aprende por que sienten como se sienten

No peleen – si la conversación no va bien, intétalo de nuevo otro tiempo.

Las vacunas de COVID-19:
Se ha comprobado que estas vacunas previenen enfermedades graves, la muerte, y COVID-19 largo plazo.

Los estudios de la seguridad de las vacunas de COVID-19 no fueron con prisa, estaban bien financiados (tuvieron mucho dinero disponible más rápido que otros estudios), entonces los pasos pudieron ocurrir al mismo tiempo en vez de esperar.

Una persona que ha estado vacunada:
• Todavía podría enfermarse, pero es mucho menos probable tener enfermedad grave, ser hospitalizado, o morirse.
• Podría estar enfermo por menos tiempo
• Quizás no tendrá que hacer la cuarentena, faltar a la escuela u otras actividades.
• Protege a ellos mismos y sus queridos del COVID-19 (abuelos, bebés, inmunodeprimidos)

Visite los sitios web abajo para aprender más sobre las vacunas de COVID-19 y otras, para que estes preparado para una conversación con tus padres.

Compartir tu perspectiva:
• ¿Como te causa sentir no tener una vacuna de COVID-19?
• ¿Cuáles aspectos de tu vida cambian o sean afectados por no estar vacunado?

Para más recursos y información sobre las leyes de consentimiento para menores, escanea el código QR o visite: illinoisaap.org/family-immunization-resources

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American Academy of Pediatrics
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