

Help Protect Your Kids from Lead Poisoning

Early Steps You Can Take to Reduce the Lead Dust in Your Home

Lead dust is a common source of lead poisoning, but you can help limit your child's risk with a few simple cleaning tips.



How to Clean Up Lead Dust

- 2 tablespoons of dishwasher detergent*
- 1 gallon bucket of warm water
- 1 gallon warm water for rinsing
- Disposable rags or paper towels
- A mop
- Latex gloves
- A scrubber
- Spray bottle (optional)

* Regular dish soap will not work the same way – it must be dishwasher detergent.

- 1 Start your cleaning where your child spends the most time.
- 2 Pick up all clothes and toys and throw away all trash.
- 3 Put on gloves to protect yourself.
- 4 Mix dishwasher detergent in one bucket of warm water.
- 5 Wipe off all windowsills, wells, molding, and baseboards using a rag or paper towel and the soap mixture.
- 6 Use clean rags and water from the clean water bucket to rinse the surfaces you just cleaned.
- 7 Mop your floors, steps, corners, and under your furniture
- 8 Rinse your floors with clean, warm water.
- 9 Flush all dirty water down the toilet.
- 10 Wash all toys, blankets, sheets, rugs, curtains, etc.



⚠ Important: If you are worried about lead in your home, contact the Chicago Department of Public Health for help.

CALL (312) 747 LEAD (747-5323)

? Where does lead dust come from?

Household dust can have lead from cracked, chipped, or peeling lead-based paint. Kids and adults can also track lead dust into your home on their shoes after playing our working outside in or near dirt!

Lead Dust Clean Up Check List

- | | |
|--|---|
| <input type="checkbox"/> Vacuum/sweep floors | <input type="checkbox"/> Wash knickknacks |
| <input type="checkbox"/> Wet mop & rinse floors | <input type="checkbox"/> Wash counters |
| <input type="checkbox"/> Wash baseboards & rinse | <input type="checkbox"/> Wash dishes |
| <input type="checkbox"/> Wet wipe window sills & rinse | <input type="checkbox"/> Scrub sinks |
| <input type="checkbox"/> Vacuum furniture | <input type="checkbox"/> Wash toys |
| <input type="checkbox"/> Wash curtains | <input type="checkbox"/> Wash Tub |
| <input type="checkbox"/> Wet dust blinds | <input type="checkbox"/> Wash stove |
| <input type="checkbox"/> Wash ceiling fans | |
| <input type="checkbox"/> Wash refrigerator | |

Safety Tips

- Do not use bleach with soap.**
- Wet sweep before you mop** by spraying the floor with your soap mixture and then sweeping. Follow with mopping.
- Steam clean or replace old carpets.** Steam cleaners are generally available to rent from grocery stores.



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Visit illinoisap.org/lead/ to learn more!



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