



# Tips for Transporting a Permanent Tooth That has Been Knocked Out

## Using Milk

**Best Option:** Put the tooth in a small plastic bag with some milk then put the plastic bag in a cup of ice.

**!** If you do not have a bag or ice, you can place the tooth in a cup of cold milk.

## Using Saliva

**For children 12 years and older only:** Put the tooth inside of their mouth. Ask them to make sure they do not swallow it.

**!** If you cannot put the tooth back inside the child's mouth, put it in a cup with the child's saliva (spit) – do not use someone else's spit!

## Using a Wet Cloth

If you do not have milk or cannot use the child's mouth to safely transport the tooth, simply wrap it in a wet cloth.



## A Tip For Protecting Your Child's Teeth

Emergencies can happen anywhere at any time! The best way to be prepared for oral emergencies is to get your child a regular dentist and visit as often as recommended.

### Finding a Dentist

**For Medicaid/Illinois All Kids** - If you are enrolled in Medicaid, but are **not** in a Managed Care Plan, you can call this toll-free number **(888) 286-2447** or visit [dentaquest.com/members](https://dentaquest.com/members) to find a dentist for your family.

If you **are** a Managed Care Member, call the number on the back of your membership card to get help finding a dentist.

**!** All Kids or Medicaid will pay for a child to see a dentist every 6 months

**Community Clinics** - To find a community clinic in Chicago, visit: [cbs.org/smile/find-a-dentist](https://cbs.org/smile/find-a-dentist)

To find a community clinic in Illinois, visit: [findadentist.ada.org](https://findadentist.ada.org)



[illinoisap.org](https://illinoisap.org)

Funding for this project was made possible by the Office of Health Promotion, through the Illinois Department of Public Health.