

# Accessing Health Services in Illinois



## ✓ Healthcare

All new arrivals should visit a primary care provider within 90 days of arriving to Chicago. Cook County Health (CCH) is the health system where you will access healthcare.

**Here are some ways you can see a healthcare provider:**

- 1 After arriving in a City shelter, you can opt-in for medical care and transportation services will take you directly from the shelter to a nearby clinic.
- 2 Some shelters have healthcare teams that do appointments in the shelters 1-2 times a week.
- 3 Some shelters partner with nearby clinics where you can see a doctor and get other resources.
- 4 Contacting CCH directly by calling **773-395-9050** or the CCH support line at **312-864-0200**.

## ✓ Vaccinations

Certain vaccinations are required to become a U.S. citizen and some vaccines are required for children to attend childcare centers or schools in Illinois. Vaccines help protect you and those you love from dangerous, contagious diseases. **Vaccines that are recommended and may be required include:**

- |               |                 |             |
|---------------|-----------------|-------------|
| > Varicella   | > Polio         | > Pertussis |
| > Diphtheria  | > Meningococcal | > Rotavirus |
| > Tetanus     | > Pneumococcal  | > Rubella   |
| > HiB         | > Measles       | > Influenza |
| > Hepatitis A | > Mumps         | > COVID-19  |
| > Hepatitis B | > Rubella       |             |



### Pregnant People

People who are pregnant, have recently given birth or are breastfeeding sign up for the Woman, Infants, and Children (WIC) program, which provides food and nutrition services. Call **217-782-2166** to schedule an appointment.



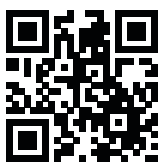
### Newborn Care

Family Connects Chicago coordinates nurse visits for mothers and newborns born in a Chicago hospital. Call **312-745-2229** to schedule a nurse visit.



### Preparing for School or Childcare

The Vaccines for Children (VFC) program provides free vaccines to children with no or limited insurance. More information in the section below.



## Find Vaccines

Looking for low-cost or free vaccines? You can search for a provider near you!

[vfc.illinois.gov/search/](https://vfc.illinois.gov/search/) or [icirr.org/healthcare-resources-inter-map](https://icirr.org/healthcare-resources-inter-map)

