



Populations

Services

Illinois Nutrition Program Matrix	Populations				Services			
	All Income Eligible Illinoisans	Infants & Children	Pregnant, Breast, or Chest Feeding	Seniors	Lactation Support	Nutrition Education	Referrals to Other Services	How is Food Provided?
WIC		X	X		X	X	X	EBT Card
SNAP	X			X			X	EBT Card
FMNP		X	X			X		Check/ Coupon
SFMNP				X		X		Check/ Coupon
CSFP				X		X		Food Box



Find out more at:
<https://www.dhs.state.il.us>





Illinois Nutrition Program Key

WIC	For 50 years, the Women, Infants, and Children (WIC) program has helped families get the foods, breastfeeding support, and nutrition education they need to grow & develop.
SNAP	The Supplemental Nutrition Assistance Program (SNAP) (formerly Food Stamps) helps income eligible people and families buy the food they need for good health. Recipients can also participate in SNAP-ED!
FMNP	WIC Farmer's Market Nutrition Program (FMNP) is a seasonal food assistance program. It helps those who are pregnant or breastfeeding, infants, and children under 5 eat well and stay healthy by providing access to food at some community Farmers Markets & produce vendors.
SFMNP	Senior Farmer's Market Nutrition Program (SFMNP) is a seasonal food and nutrition education assistance program for seniors. It helps seniors eat well and stay healthy by providing access to food at some community Farmers Markets and produce vendors.
CSFP	The Commodity Supplemental Food Program (CSFP) works to improve the health of income eligible Illinois Seniors by supplementing their diets with nutritious foods by receiving regular USDA donated food packages.



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