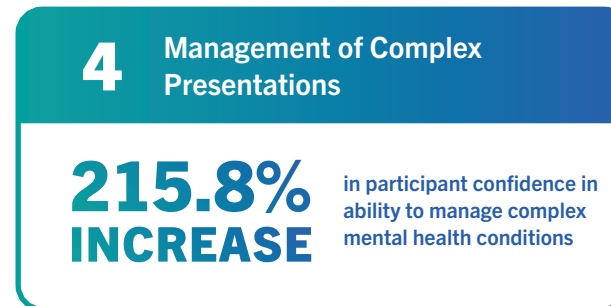
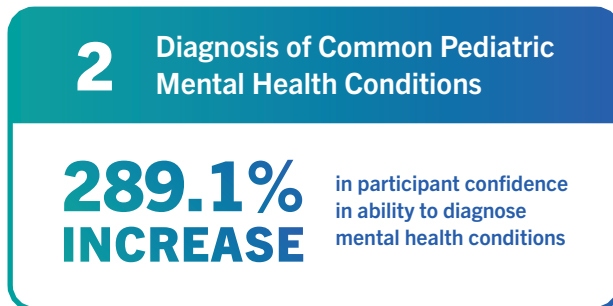
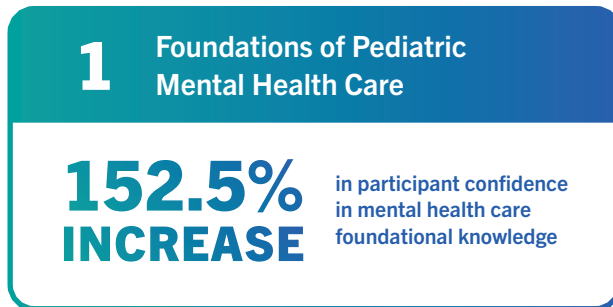


# Participant Confidence Data by Webinar

The webinars were well attended and well received. Each session included a pre-test and a post-test. The data gathered through these assessments showed an increase in knowledge and confidence of the material covered during each of the sessions. The significance value for each question was  $p < 0.05$ !

This means that there is a difference between the pre-test and post-test scores and that this difference is not likely due to chance. Therefore, we can soundly conclude that these webinars were effective in building provider confidence in pediatric mental health, foundational knowledge, diagnosis, and management in comparison to their knowledge set prior to the webinars.

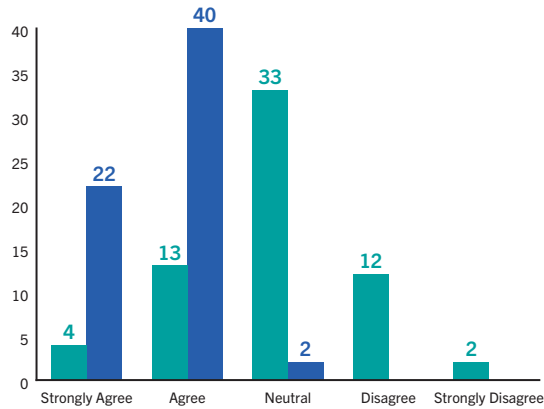
## Topics & Outcomes Included:



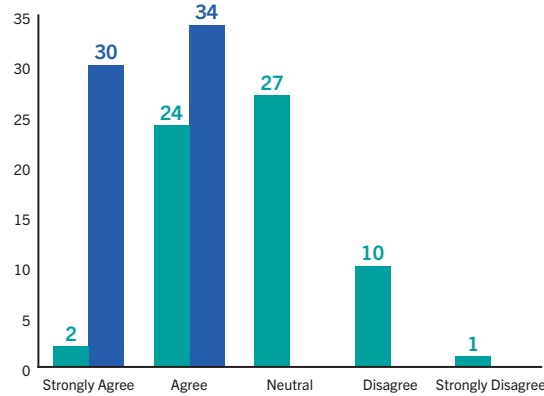
# Webinar 1 Confidence Data by Question

Pre-Test Post-Test

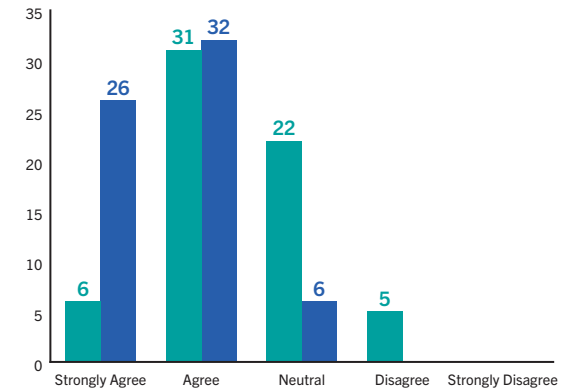
I can describe common medical frameworks in pediatric mental health and behavioral health



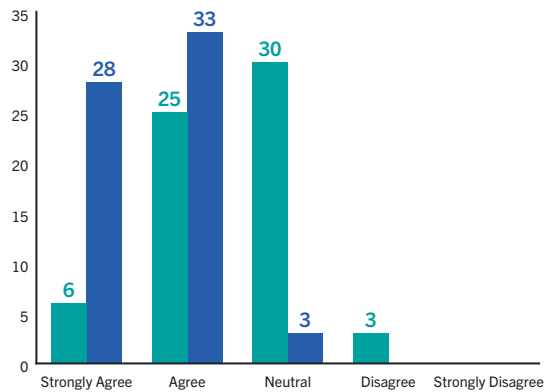
I can identify myths and stereotypes regarding pediatric mental health and mental illness.



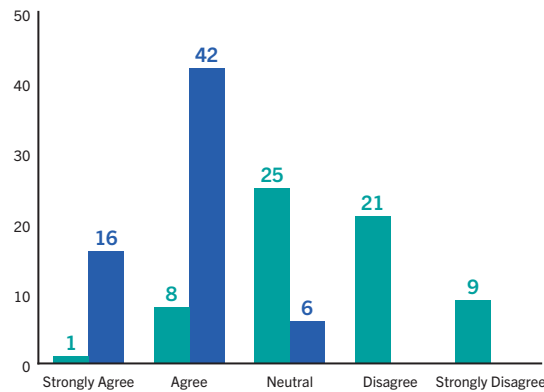
I am aware of my own biases regarding mental health and mental illness.



I can explain how adversity and toxic stress play into pediatric development and play out in clinical settings.



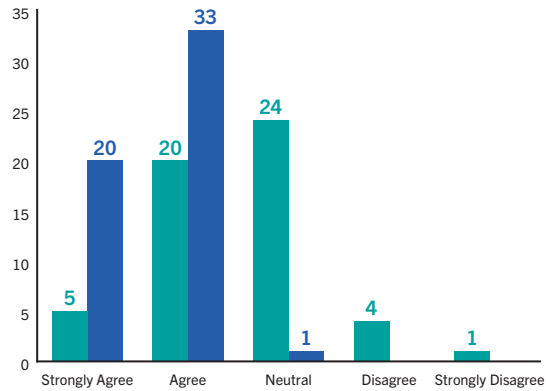
I am aware of SAMHSA's framework for integrating physical and behavioral health services in primary care, including consultation options, models of care, and referral to specialty pediatric mental health services.



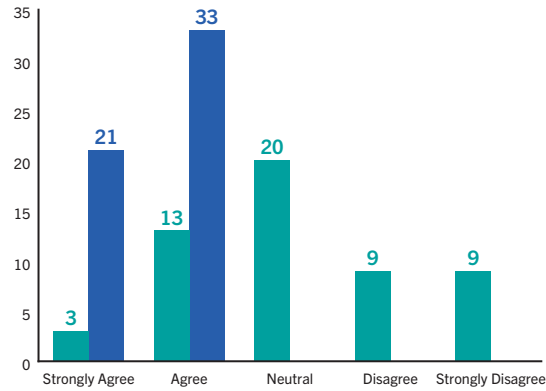
# Webinar 2 Confidence Data by Question

Pre-Test Post-Test

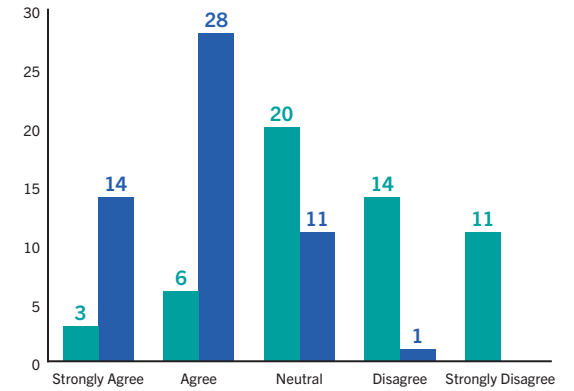
I can recognize common presentations of pediatric mental health issues.



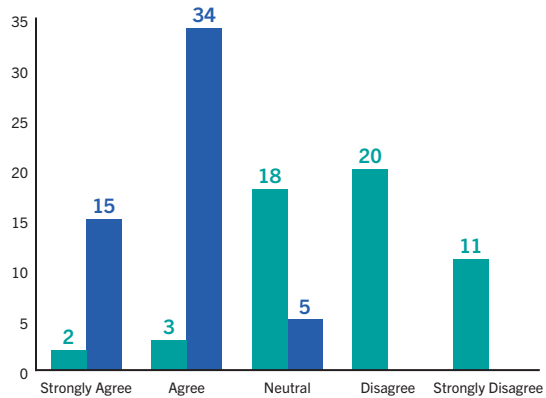
I can give examples of the different pediatric mental health screening tools and when to use them.



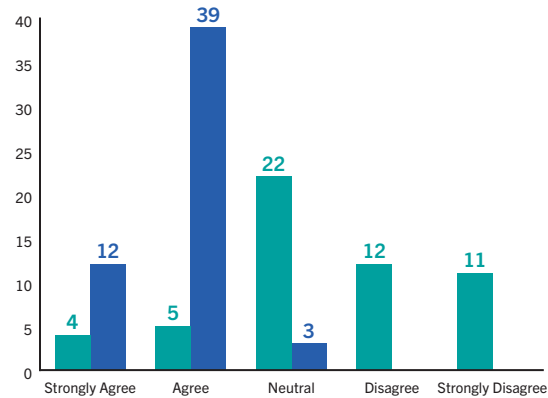
I can describe how to diagnose multiple, co-occurring pediatric mental health conditions.



I can explain the difference between intrinsic and experiential disorders.



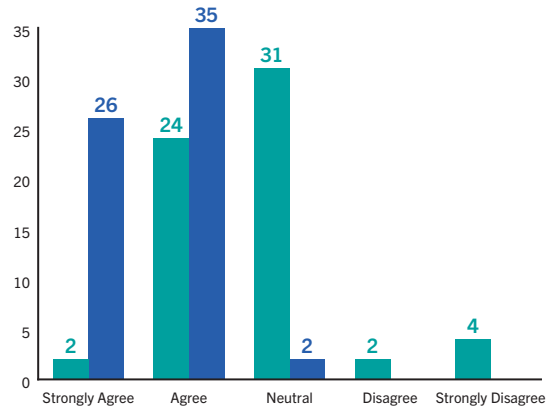
I can discuss the role of development and adaptability in the etiology of mood and behavior problems.



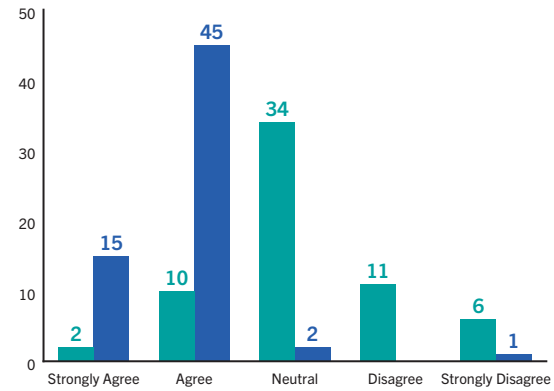
# Webinar 3 Confidence Data by Question

■ Pre-Test ■ Post-Test

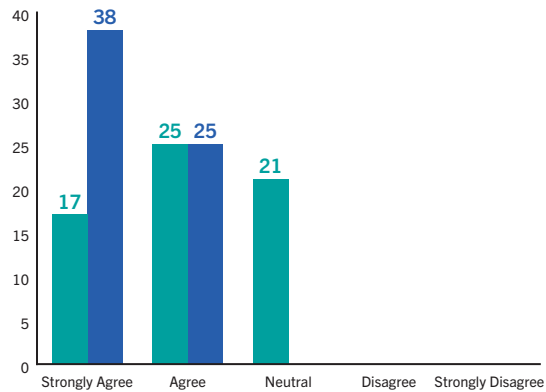
I know how to assess and manage the safety of a child experiencing a mental health crisis.



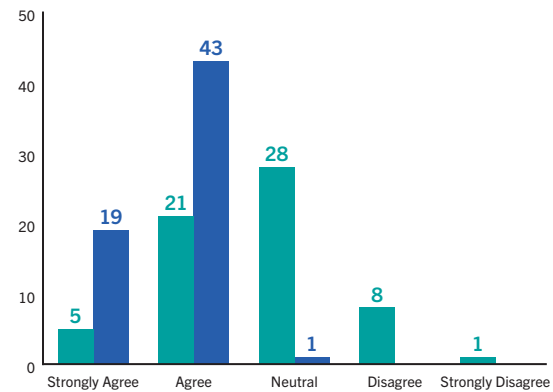
I know ways to connect under-resourced populations to therapy.



I can recognize the importance of the therapeutic relationship in primary care and specialty settings.



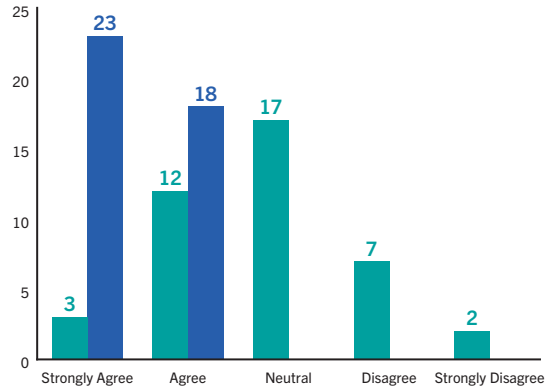
I am familiar with the medications used for the management of common pediatric mental health conditions.



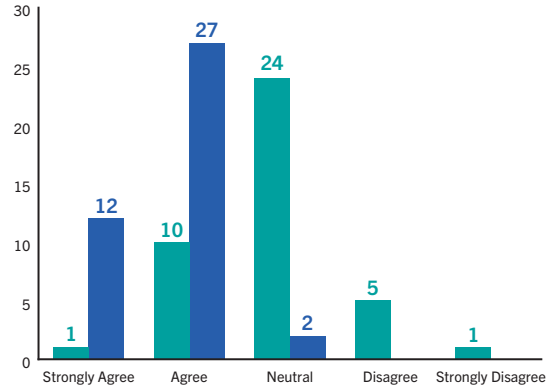
# Webinar 4 Confidence Data by Question

■ Pre-Test ■ Post-Test

I can recognize when to use urgent evaluations vs emergent evaluations.



I can implement de-escalation techniques when a child or adolescent is experiencing a mental health crisis.



I feel comfortable communicating with families/caregivers during and after a mental health crisis.

