

Pediatric Anxiety Quality Improvement Project



In partnership with the American Academy of Pediatrics, the Illinois Chapter of the American Academy of Pediatrics (ICAAP) is recruiting primary health care providers to join a 4-month learning collaborative and quality improvement project focused on anxiety. The goal of this project is to enhance identification and management of pediatric anxiety in primary care by implementing standardized screening processes, structured follow-up, and provider education using quality improvement methods.

This project will have a quality improvement (QI) component. Practices must provide primary care to patients aged 11 - 17 in Illinois, complete monthly de-identified retrospective chart reviews, and submit monthly PDSA (Plan, Do, Study, Act) worksheets. Clinical teams will engage in monthly educational sessions on: diagnosis and treatment of anxiety in the pediatric primary care setting, screening tools, Cognitive Behavioral Therapy (CBT) tools, medication management, and more.

Webinars will be held on select Thursdays at 8am CST: May 1, May 29, June 26, July 24, September 4

Benefits of participating:

- Improve access to quality care for patients affected by anxiety.
- Increase knowledge regarding best practices for identifying and managing anxiety in children.
- Network and problem solve with others.
- *Earn American Board of Pediatrics Part 4 Maintenance of Certification (MOC) credit (pending approval) and CME credits.*

Who should apply:

- Pediatric primary care clinicians and practices in Illinois who are interested in improving practice processes around screening and management of anxiety.

April

- Submit online registration
- Receive onboarding materials

May-Aug

- Attend one session per month
- Conduct monthly de-identified chart reviews
- Conduct PDSA cycles

September

- Complete project evaluation survey
- Participation credits awarded (MOC 4 and CME, if eligible)

Register [here](#) or by scanning the QR code by Wednesday, April 30.
For more information, contact Lauren at lbarnfield@illinoisAAP.com.



The Illinois Chapter, American Academy of Pediatrics is accredited by the Illinois State Medical Society (ISMS) to provide continuing medical education for physicians. The Illinois Chapter, American Academy of Pediatrics designates each live webinar for a maximum of 1 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Nurses, Nurse Practitioners, and Medical Assistants can submit Certificates of Attendance to their accrediting board to claim credit for participation in the live webinars.

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