

Resilience Through Connection: Leveraging Community Partnerships to Mitigate ACEs

April 17, 2025



ILLINOIS



CME Accreditation Statement



The Illinois Chapter, American Academy of Pediatrics is accredited by the Illinois State Medical Society (ISMS) to provide continuing medical education for physicians.

The Illinois Chapter, American Academy of Pediatrics designates each live webinar for a maximum of 1 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses and Nurse Practitioners can submit Certificates of Attendance to their accrediting board to claim credit for participation in the live webinars.

CME Disclosures



| Name and Credentials | Role in Activity | Was there a relevant Financial Disclosure | List of Mitigated Disclosures |
|----------------------------------|--|---|-------------------------------|
| Gloria Barrera, MSN, RN, PEL-CSN | Faculty/Presenter | No | N/A |
| Annie Behrns, MS | Faculty/Presenter | No | N/A |
| Preethi Raghupatruni, MD, FAAP | Faculty/Presenter | | |
| Eva Wehl | Faculty/Presenter | No | N/A |
| Bako Orionzi, MD | Faculty/Presenter ACEs Advisory Committee Member/Content Developer | No | N/A |
| Kristen Kenan, MD, MPH | Faculty/Presenter ACEs Advisory Committee Member/Content Developer | No | N/A |
| Abby Creek | ICAAP Staff | No | N/A |
| Mary Elsner, JD | ICAAP Staff | No | N/A |
| Lauren Erbach Barnfield | ICAAP Staff | No | N/A |
| Olivia Heinzeroth | ICAAP Staff | No | N/A |
| Erin Moore, MS | ICAAP Staff | No | N/A |
| Samantha Nicholson, MPH | ICAAP Staff | No | N/A |
| Cindy Ogrin | ICAAP Staff | No | N/A |
| Patrick Dolan, MD | CME Reviewer | No | N/A |
| Wayne Franklin | CME Reviewer | No | N/A |

Today's Panelists



**Gloria Barrera, MSN, RN,
PEL-CSN**

Certified School Nurse
DuPage County
Board Member
Illinois Association of School
Nurses
Clinical Associate Professor
University of Illinois Chicago



Annie Behrns, MS
ECE Project Director
Metropolitan Family Services



**Preethi Raghupatruni, MD,
FAAP**
Medical Director
Lurie Children's Pediatrics – Uptown
Board Member
Reach Out and Read Illinois



Eva Wehl
Children's Librarian
Chicago Public Library

Today's Moderator



Kristen Kenan, MD, MPH

Pediatrician
UI Health

Assistant Professor of Clinical Pediatrics
University of Illinois Chicago



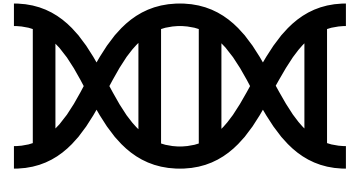
Learning Objectives



Upon completion of this webinar, participants will be able to:

- Identify key community organizations and resources that support resilience in children, especially those impacted by ACEs.
- Recognize the value of partnerships between healthcare providers and community organizations to promote trauma-informed, resilience-building care for children.
- Summarize practical strategies for how to collaborate with community partners and organizations to address ACEs in pediatric populations and resilience-building in pediatric care.

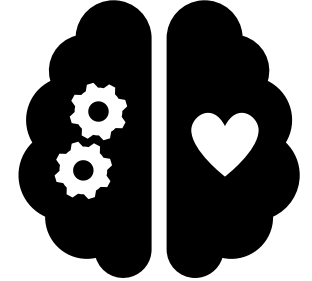
Early Childhood Experiences Set the Trajectory of a Child's Life



the way our genes work



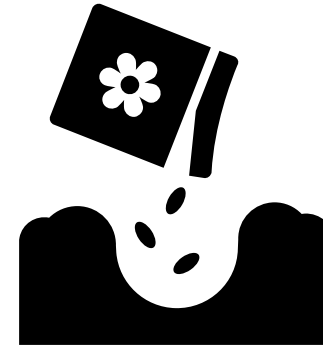
the way our brains form and function



our resilience to toxic stress



our cognitive and social-emotional development



our health and well-being into adulthood

Reach Out and Read is the Antidote to ACEs



- AAP Policy Statement Recommends Promotion of Positive Relationships
- Positive Parent-Child Interactions are the Antidote to Adverse Childhood Experiences

POLICY STATEMENT Organizational Principles to Guide and Define the Child Health Care System and/
or Improve the Health of all Children

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

Preventing Childhood Toxic Stress: Partnering With Families and Communities to Promote Relational Health

Andrew Garner, MD, PhD, FAAP^{a,b} Michael Yogman, MD, FAAP^{c,d}
COMMITTEE ON PSYCHOSOCIAL ASPECTS OF CHILD AND FAMILY HEALTH, SECTION ON DEVELOPMENTAL AND BEHAVIORAL
PEDIATRICS, COUNCIL ON EARLY CHILDHOOD

ROR Model

At routine health check ups from infancy through 5 years,
Reach Out and Read-trained doctors and nurse practitioners:

- **talk with parents** about the benefits of reading aloud and engaging with their young children
- **show them** how to look at books and talk about the stories with their infants, toddlers, and preschoolers



- **encourage them** to cuddle up, read together at home, and build routines around books
- and **give the child a new book** to take home and keep

During the exam, providers also use the book for **developmental surveillance**, observing how the child and caregiver interact with the book and each other



ILLINOIS
An ICAAP Program

ROR Outcomes are Evidence- Based



Parents are
2.5X more likely
to read to their
children

Families are
2.5X more likely
to report enjoying
reading together



Children's language
ability **improves**
with increased
exposure to Reach
Out and Read

Children's language
development is
**improved by 3-6
months**

Reach Out and Read is the only national early literacy organization endorsed by the American Academy of Pediatrics.

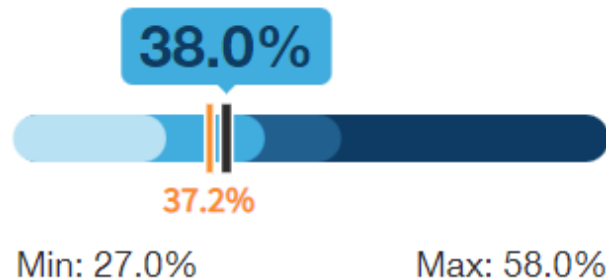
Where We Stand in Illinois

Key Indicators of Positive Early Learning Experiences

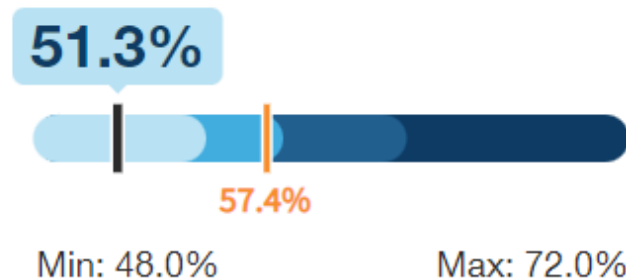
Illinois | National Avg

Click ⊕ to see selected indicators by subgroup.

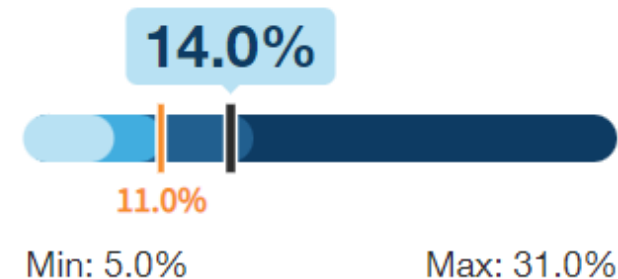
Parent reads to baby every day



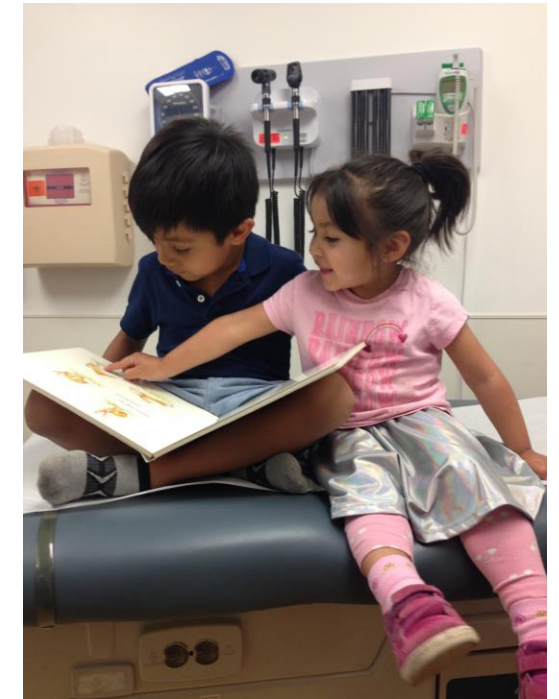
Parent sings to baby every day



Percentage of income-eligible infants/toddlers with Early Head Start access



**ROR is a
practical
strategy to
support
resilience in
children**



Additional Resources — University of Illinois Cooperative Extension



<https://extension.illinois.edu/>

Community

Support strong and resilient youth, families, and communities.

Health

Maximize health equity and access and support health promotion.

Environment

Sustain natural resources in home and public spaces.

Technology and Discovery

Integrate research, technology, and engagement to close opportunity gaps and build capacity.

Economy

Grow a prosperous economy through lifelong learning and development.

Partnerships

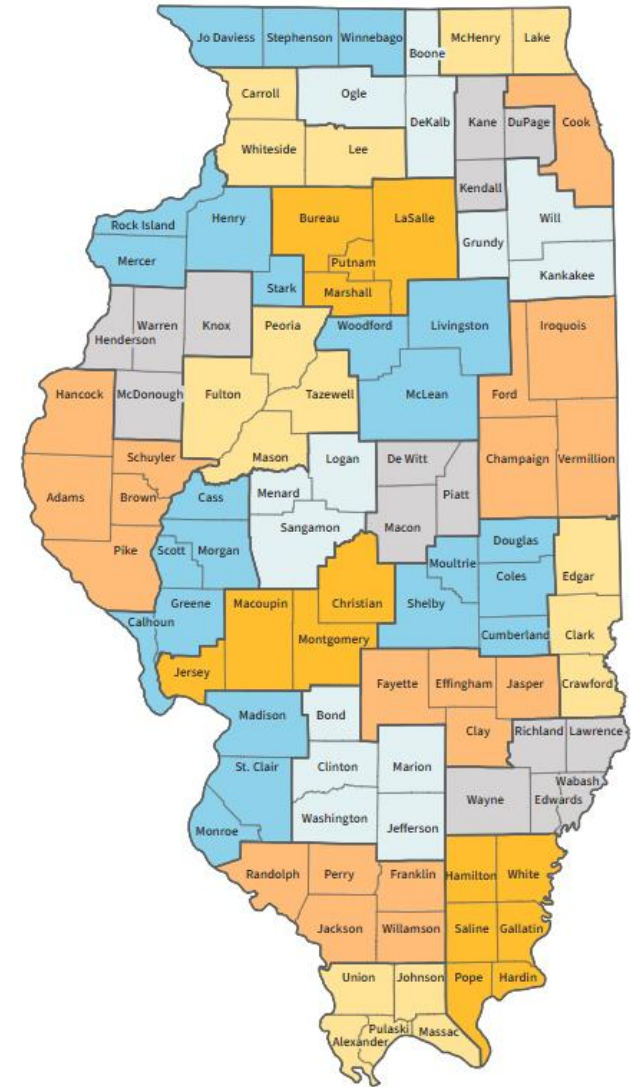
Create and nurture strategic partnerships and share statewide resources to advance our mission and vision.

Food and Agriculture

Maintain a safe and accessible food, fibers, and biofuel supply.

Workforce Excellence

Develop Illinois Extension staff and teams to advance collaborative impact and strengthen a culture of inclusiveness and belonging.



We are dedicated to helping people find solutions to life's challenges.