The Children's Behavioral Health Transformation

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Speaker

Dr. Dana Weiner

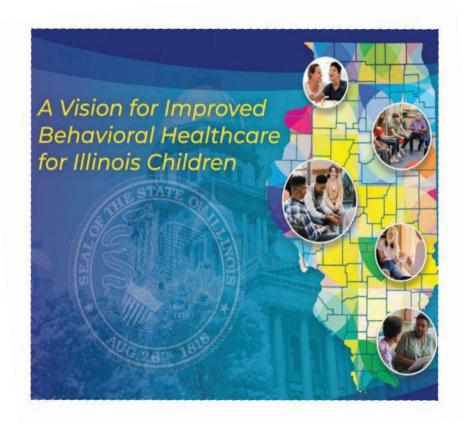
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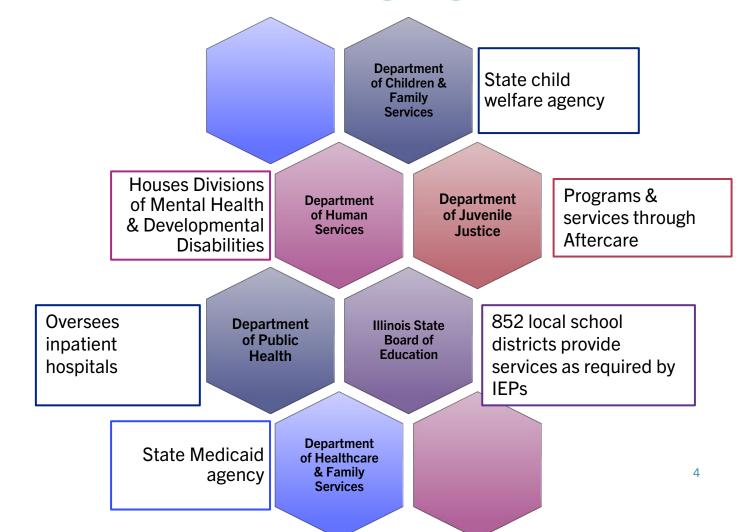
Illinois Children's Behavioral Health Transformation Initiative (CBHTI)

- Established in 2022 to address rising youth mental health service needs.
- Focuses on closing gaps in behavioral health services for children across Illinois.
- Brings together child-serving agencies to improve access and coordination of care.
- Enhances seamless and efficient services for families, helping create a more unified system of care.

BEACON, a core component of CBHTI, is a single website that connects families to people, programs and services.



Illinois Children's Behavioral Health Care System — Six Child-Serving Agencies



Twelve Recommendations to Address Identified Barriers

Centralize & Streamline

- 1. Develop Care Portal as centralized resource for families seeking services for children with significant and complex needs.
- 2. Improve coordination of service delivery.
- 3. Centralize oversight of residential beds.
- 4. Implement resource referral technology.

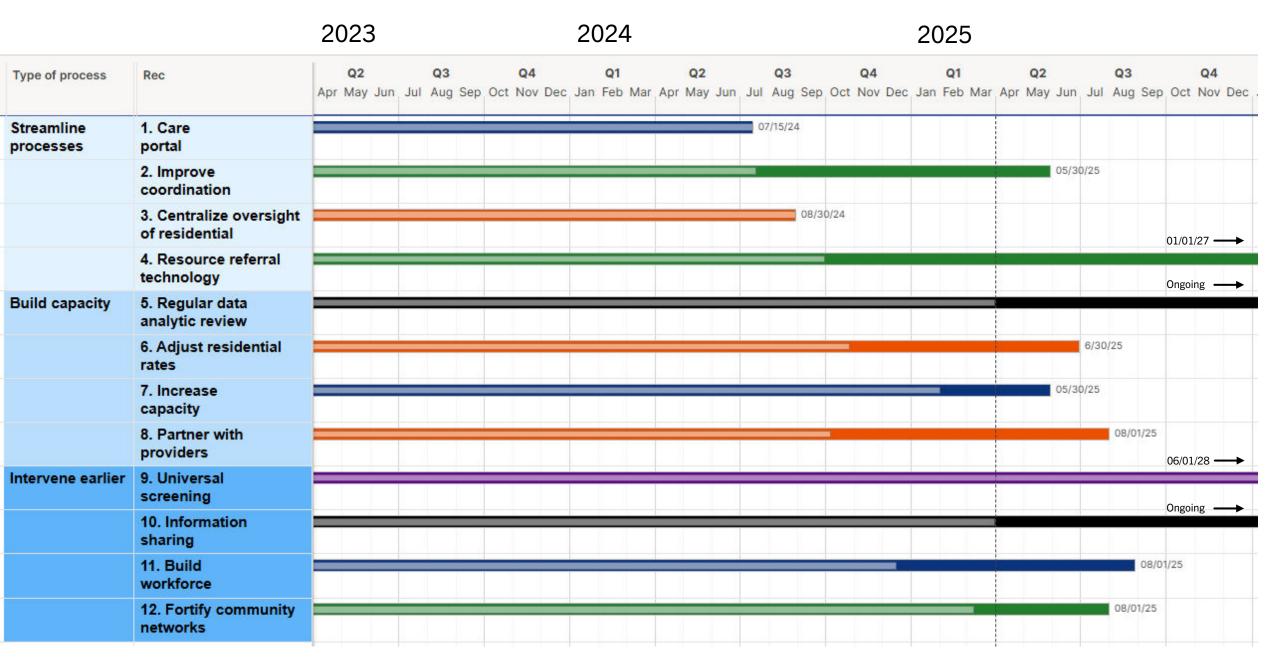
Adjust Capacity

- 5. Conduct regular data analytic review to inform capacity adjustments.
- 6. Adjust rates, including standardizing rates for similar services.
- 7. Increase capacity by expanding eligibility and developing new service types.
- 8. Partner with providers in a standard protocol.

Intervene Earlier

- 9. Offer universal screening in education and pediatrics.
- 10. Facilitate information sharing across agencies.
- 11. Build workforce using paraprofessionals and other roles.
- 12. Fortify community networks by investing in local communities and parent leadership.

Structural Changes: Centralized Hub, Coordinated Advisory Groups, Interagency Coordination, Data Analytic Support



Implementation Highlights - Accomplishments

Public release of BEACON, the centralized online care portal for families and state partners, on January 15, 2025

Capacity Reporting Tool allows state agencies to jointly assess and manage residential treatment resources.

Pilot program to provide in-home behavioral health aides to assist parents caring for youth with autism and mental health challenges which, pending results, will then be Medicaid billable.

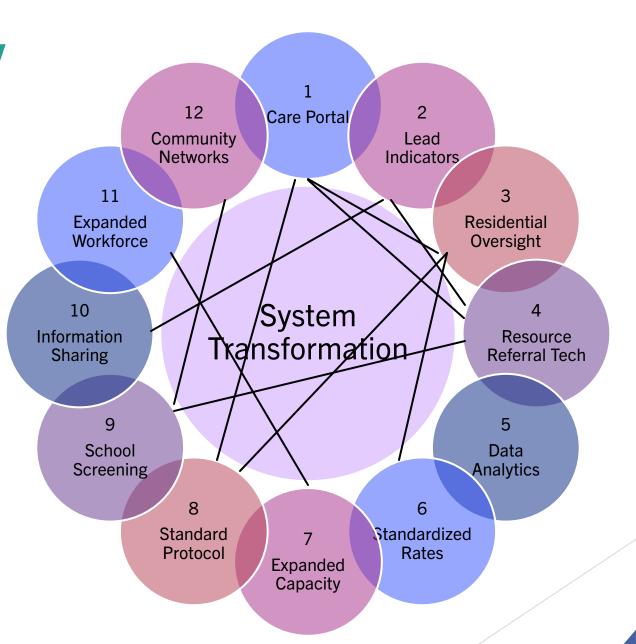
With philanthropic funding, establishment of seven Family-Run Organizations (FROs; planning grants from the Illinois Children's Healthcare Foundation) that will serve as community network anchors in partnership with IDPH.

Launch of ISBE MH Screening Readiness Tool to inform the development of a phased approach to implementing screenings. Successful resolution of 356 portal cases, diverting 187 cases with hotline calls to other service pathways.

Next Up...

- Changing workflows to maximize the impact of new technologies
- Supporting school districts in preparing to implement universal screening
- Standing up and supporting community networks
- Procuring the statewide resource referral tool

Complementary Strategies for System Transformation



Progress on Universal MH Screening

School Landscape Scan — Completed year one

School Readiness Assessment — Released 4/1/25

Policy guidance (9/26) technology (1/27) and tool provided to districts

Phased approach to implementation based on readiness — complete by School Year '27-'28

Support for Pediatricians Through Transformation



BEACON (BEACON.Illinois.gov)



Statewide Resource Referral Technology — RFP released 8/25



Community networks, in partnership with IDPH, to include pediatrician participation

Legislative Support — Public Act 103-0546

- Establishing Children's Behavioral Health Transformation Officer to lead systems change efforts
- Creating Interagency Children's Behavioral Health Services Team, consisting of DHS, HFS, DCFS, DJJ, DPH, and ISBE;
- Creating a public-facing, centralized intake portal (the "Portal") housed at DHS to triage cases, manage information, and provide parents with guidance to access state programs;
- Broadening supports and length of placement without custody that Comprehensive Community Based Youth Support (CCBYS) can provide to youth in crisis at risk of entering the child welfare system or juvenile detention
- Modifying the Community and Residential Services Authority to operate as a Parent/Guardian Navigator Assistance Program

- Requiring ISBE to build the foundation for annual mental health screenings for students in grades K-12 by conducting a landscape scan of current district-wide screening practices;
- Requiring all residential and institutional providers who receive reimbursement for children's mental health, substance use, and developmental disability services from HFS, DHS, DJJ, ISBE, or DCFS to submit staffing and occupancy numbers to the state for the purpose of establishing state need and placement availability;
- Requiring HFS to identify leading indicators for elevated behavioral health crisis risk and share them with Medicaid Managed Care Organizations (MCOs) and other HFS care coordination entities.

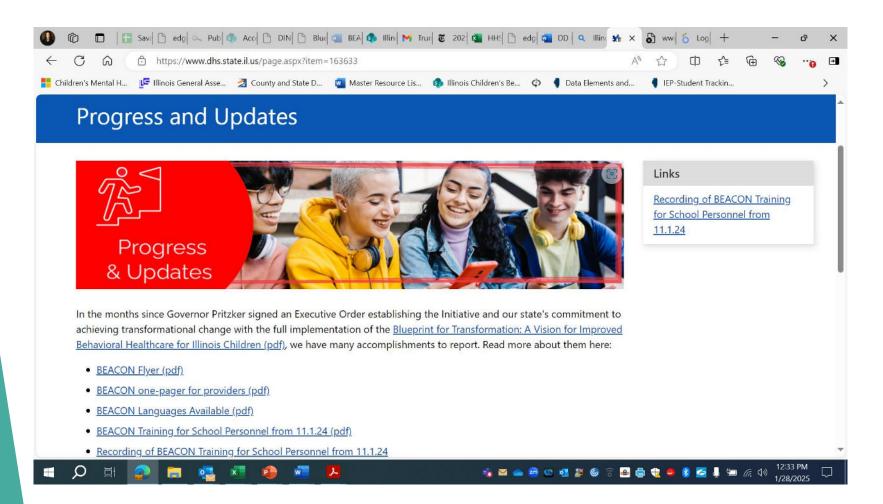
Legislative Support - Public Act 103-0885

- Requires HFS to describe data elements and detail phases to utilize lead indicators to ensure MCO's are held accountable to respond to lead indicators triggers with increased service intensity.
- Requires ISBE to create a capacity assessment tool to gauge readiness to implement universal mental health screenings in schools informed by the findings of the landscape scan.
- Shifts oversight of Illinois Children's Mental Health Partnership (ICMHP) from Lurie Children's Hospital to IDPH where the Partnership can leverage broad engagement to work with community networks to raise awareness of gaps in community-based services for youth.
- Repeals school wellness checks for Medicaid-enrolled youth (Wellness Checks in Schools Program Act)
- Develops Personal Support Workers to provide in-home respite for youth with intensive MH service needs.

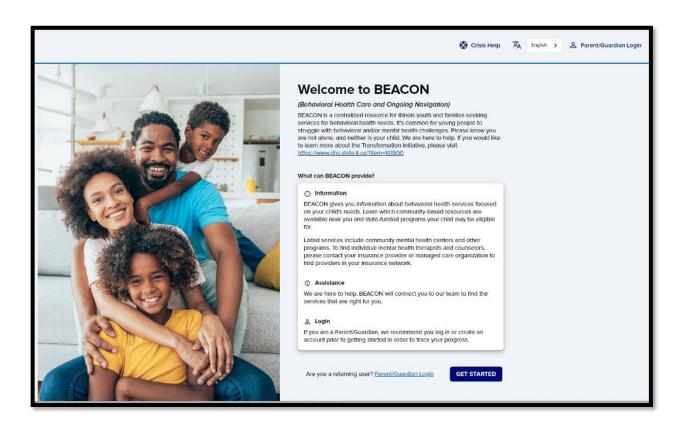
Senate Bill 1560

- Requires DHS to establish and offer a voluntary training that will be recorded and made available on the DHS website to all hospital social workers, clinicians, and administrative staff to inform them of BEACON. The training shall include how families and hospital staff can access BEACON, the process once a case is entered into BEACON, and State and community programs accessible through BEACON.
- 2. Requires psychiatric hospitals to contact a youth or the youth's parents, guardian, or caregiver about the BEACON portal (rather than the Family Support Program and the Specialized Family Support Program) prior to referring the youth to the Department of Children and Family Services because the youth was left at the psychiatric hospital beyond medical necessity.
- 3. Requires ISBE to make available resource materials for schools to implement universal mental health screenings, including model policies and guidance by Sept 1, 2026.
- 4. Requires that mental health screenings shall be offered by school districts to students enrolled in grades 3-12, at least once a year, beginning with the 2027-2028 school year, contingent upon State's provision of technology and screening tool at no cost to districts.





Accessing BEACON

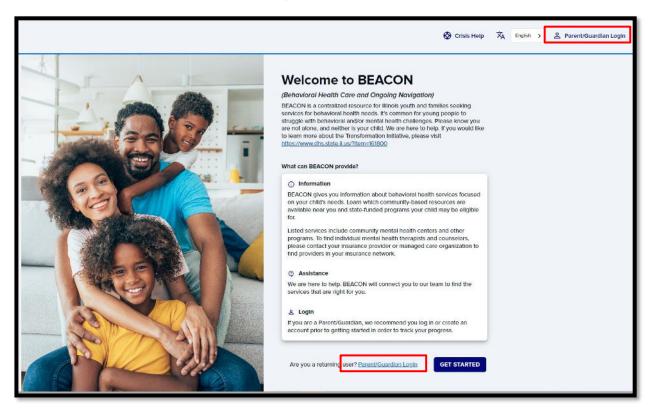


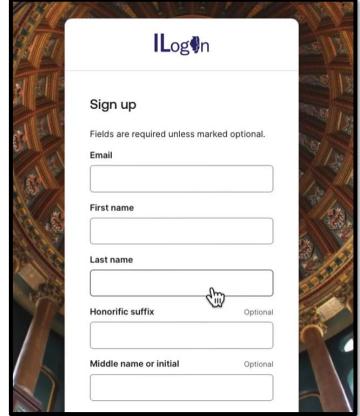
- Website URL: Access the portal at beacon.illinois.gov
- Create an Account: Recommended for parents/guardians to track requests and save progress.
- Anonymous Use: Option to use without creating an account, though tracking is not available.
- Crisis Resources: Immediate access to crisis services, including 24/7 support like the 988 Suicide & Crisis Lifeline.

Create an Account (for parents/guardians)

We recommend parents/guardians log in or create an account prior to getting started in order to track

requests, save their progress, and make future interactions with the portal smoother.

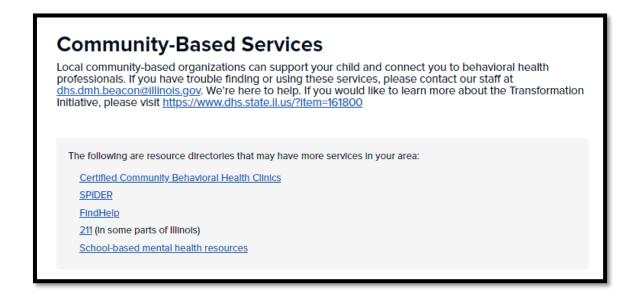


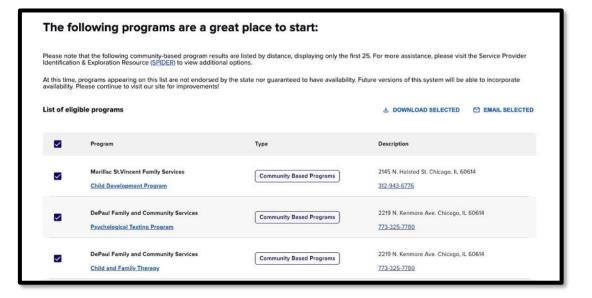


Anyone can use BEACON without creating an account

Without sharing information about the child/youth, you can still access a list of community-based services.

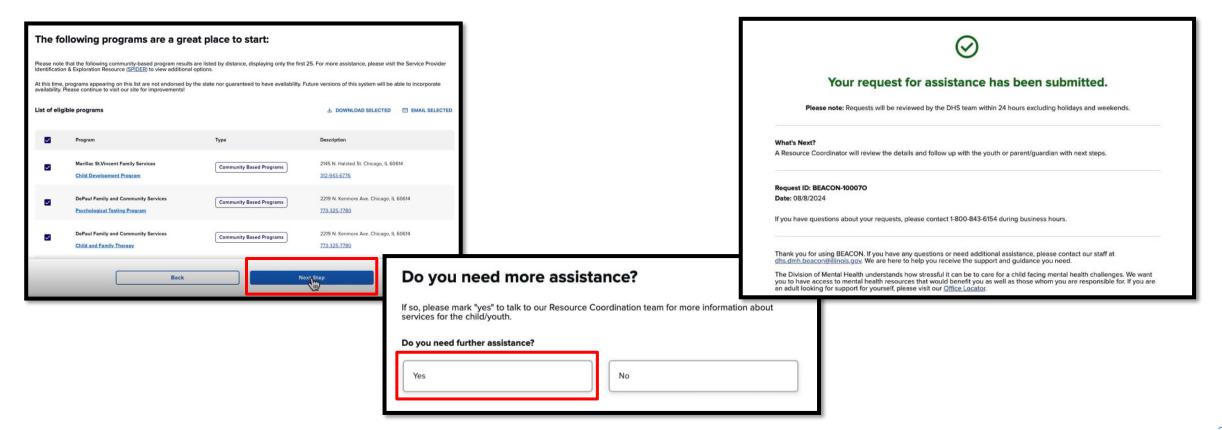
If you are comfortable sharing some basic intake information about the child/youth, you can access community-based and State-funded programs they may be eligible for.





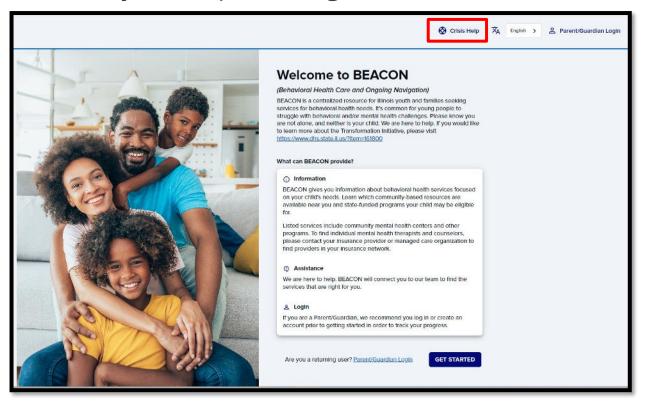
Request additional assistance

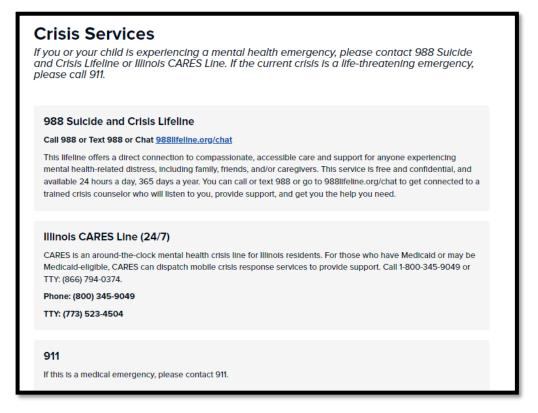
You can request additional assistance from the BEACON team if you would like more guidance after viewing the list of services you may be eligible for.



Crisis Resources

BEACON has a quick access link at the top of every page to resources for a child/youth experiencing a mental health crisis.



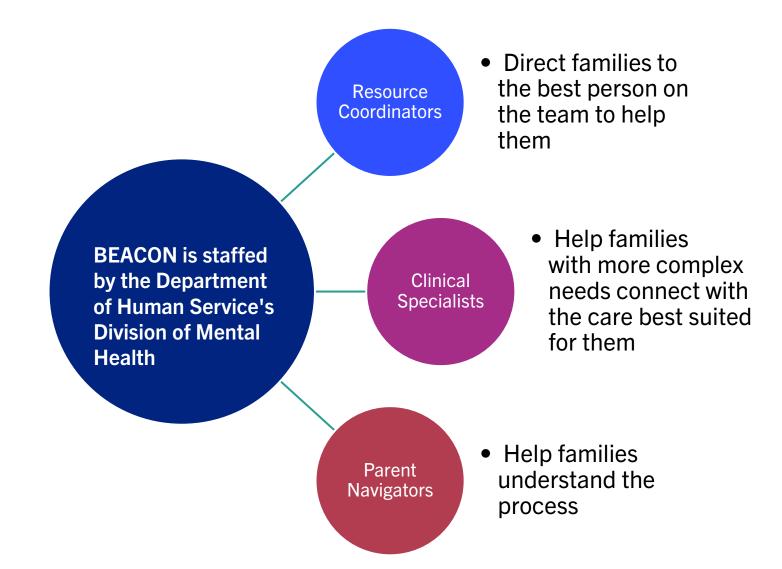


BEACON Languages



BEACON staff

JOHS



Basic Information:

- Your Relationship to Child/Youth* State Agency Partner	\otimes		
Child/Youth Information			
Child/Youth First Name*		Child/Youth Last Name*	
Suzzie		Smith	
– Child/Youth Date of Birth (Optional) ———		— Child/Youth Age —	
		12	
– What do you need help with? (Optional) —			

Continue

Current Living Situation

Child/Youth Address

— Address Line 1 (Optional) —	— Address Line 2 (Optional)
Decatur	State* Illinois
Zip Code* Ext. (Optional)	

Child/Youth Current Residency

Additional Information:

Child/Youth Information

Who has the legal custody of the child?

— Custody Status* -	
Parent	\otimes

Does the child/youth have any of the following needs? (Optional)

Select all that apply:

	Aggressive Behavior (1)
~	Anxiety 1
	Disrupted eating or sleeping 1
~	Depression or mood problems (1)
	Use of drugs or alcohol
	Crisis Care 1
	Medically Complex 1
	Developmental Disability 1
	Severe Emotional Disturbance (1)
	Functional Impairment 1
	24-HR Nursing 1

Psychotic Episode (1)

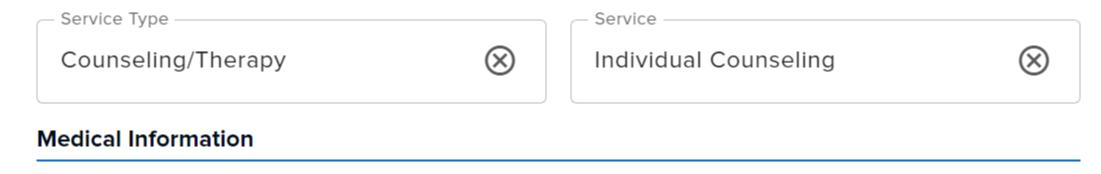
Is the child/youth signed up for or receiving any current involvement with the following programs/services? (Optional)

Select all that apply:

~	CARES/Mobile Crisis Response (1)
	Developmental Disabilities Waiver (1)
	DCFS Hotline (1)
	Family Support Program / Specialized Family Support Program 1
	Specialized Education Due Process 1
	Individualized Education Plan (IEP) 1
	On PUNS List 1
	DCFS Investigation ()

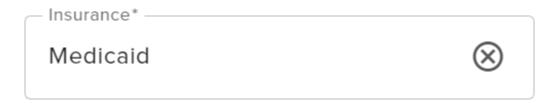
Services Seeking:

Does the child/youth have a specific need for any of the following services? (Optional)



What type of health insurance does the child/youth have?

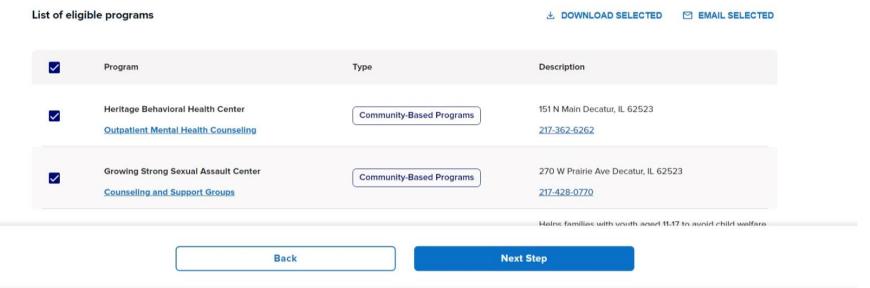
If you have Tricare insurance, select "Private" from the menu below.



The following programs are a great place to start:

Please note that the following community-based program results are listed by distance, displaying only the first 25. For more assistance, please visit the Service Provider Identification & Exploration Resource (SPIDER) to view additional options.

At this time, programs appearing on this list are not endorsed by the state nor guaranteed to have availability. Future versions of this system will be able to incorporate availability. Please continue to visit our site for improvements!



Do you need more assistance?

If so, please mark "yes" to talk to our Resource Coordination team for more information about services for the child/youth.

Do you need further assistance?	
Yes	No
Back	Continue



Your request for assistance has been submitted.

Please note: Requests will be reviewed by the DHS team within 24 hours excluding holidays and weekends.

What's Next?

A Resource Coordinator will review the details and follow up with the youth or parent/guardian with next steps.

Request ID: BEACON-10004W

Date: 08/2/2024

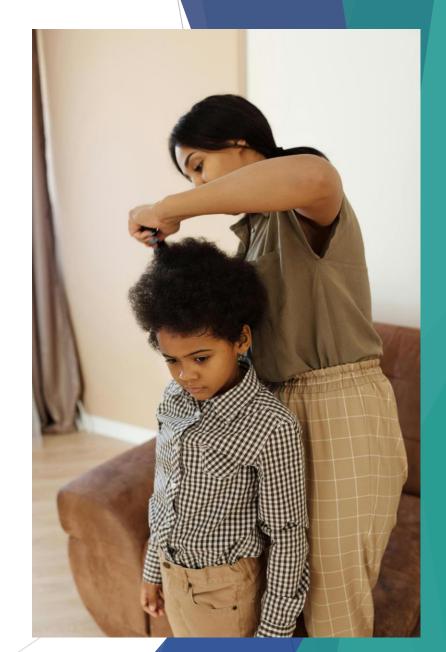
If you have questions about your requests, please contact 1-800-843-6154 during business hours.

Thank you for using BEACON. If you have any questions or need additional assistance, please contact our staff at dis.dmh.beacon@illinois.gov. We are here to help you receive the support and guidance you need.

The Division of Mental Health understands how stressful it can be to care for a child facing mental health challenges. We want you to have access to mental health resources that would benefit you as well as those whom you are responsible for. If you are an adult looking for support for yourself, please visit our Office Locator.

How Parents and Guardians Use BEACON

- •Access BEACON for Service Navigation: Parents/guardians use BEACON to identify behavioral health services for their child.
- •Create a Case for Immediate Support: Enter their child's information to be connected to Resource Coordinators who can help identify appropriate services.
- •Track Progress and Engage with Providers: Parents can follow the status of their case and communicate with state agencies and service providers to ensure timely support.
- •Request Navigational Assistance: Ask for additional help navigating service linkage and eligibility processes.



How Pediatricians Use BEACON

- •Provide Assistance to Families on Behavioral Health Needs: Pediatricians use BEACON to refer families to navigational help when concerns arise during routine visits.
- •Connect Families to Specialized Services: BEACON helps pediatricians connect children with community-based services, such as therapy, counseling, or crisis intervention.
- •Become Familiar with Available State-funded and Community-Based Services: BEACON provides clear and transparent information about the types of services available to address behavioral health concerns.





Case vignette - Amelia

Amelia is a 14-year-old with diagnoses of ADHD, Depression, and Anxiety. Amelia was hospitalized after a suicide attempt and had been implicated for aggression toward a younger sibling. The hospital social worker entered Amelia's information into the portal to assist the family with finding residential treatment after discharge, as her grandparents felt they could not take her home because of concerns about her behavior. Prior to entry into BEACON this family had not been connected to support services. A BEACON clinical specialist worked with the family to enroll Amelia in Pathways, FSP and Interim Relief, as well as completion of the IM+CANS. The FSP program successfully found a residential placement for the youth, and she was discharged from the hospital to this placement.

Case vignette - ERIC

Eric is a 15-year-old male with a history of behavioral health challenges and juvenile justice involvement. CCBYS entered the youth's information into BEACON after his Mom expressed she did not want the youth returning home and was seeking residential treatment for him. No applications had been initiated on the part of the family, but a BEACON Resource Coordinator worked in partnership with CCBYS, the CCSO (for Pathways) and the family to enroll youth in Medicaid services, find youth a safe place to reside at a relative's and complete FSP & IR applications. The BEACON Resource Coordinator continued provided the relative guardian with a list of local services for Eric, which the family connected to. They are no longer seeking residential treatment and are making use of supportive services in their community.



Tips for maximizing BEACON's benefit for families



If you are searching for information on behalf of a family, provide them with the entire list of services they may be eligible for.



If you request additional assistance on behalf of a family, let them know that a Resource Coordinator will be reaching out to them.

Remind the family that we need their permission to share any information with the BEACON team (consent). If the family needs help submitting consent, the BEACON team can assist.

Opportunities for engagement



Access the Blueprint for Transformation: A Vision for Improved Behavioral Healthcare for Illinois Children



